A-Line Dress With Center Pleat - Sewing Pattern #S4116

Recommended fabrics: natural/mixed fabrics suitable for dresses.
You will also need: fusible interfacing, dress zipper.
Seam allowances: all seams 3/8 inch, shoulder, side and center back seams - 5/8 inch, outer edge of facings - 0 inch, hem of dress - 1 inch, hem of sleeve - 5/8 inch.



Note on seam allowances:
- If the pattern has double contour the seam allowances are included. They are 1 cm unless specified otherwise.
- If the pattern has single contour, the seam allowances are NOT included and need to be added when laying out the pattern.

Note on length of fabric:
Attention! The amount of fabric needed for your pattern is not included. It will depend on the selected pattern size, the width, and design of the fabric you plan to use. First, print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm). Measure how much fabric you will need. Don't forget to account for pieces that need to be cut multiple times and pieces that are cut on the fold.

CUTTING:

Note on cutting:
On the pattern pieces, “beam” means straight of grain. Lay out your pieces accordingly. Some pieces will be cut on the fold. This is noted on the pattern piece. Mark all notches and other design features such as pleats etc. from the pattern onto your fabric.
When sewing the garment, pay attention to notches, they must match up.

INSTRUCTIONS:

1. Apply fusible interfacing according to the Cutting instructions.

2. Sew darts on Front pieces. Press bust darts towards top, and waist darts towards center.

3. Sew darts on Back pieces. Press bulk of darts towards center.

4. Serge center front edges separately. Sew the center front seam, up to the pleat corner, continue sewing around the pleat vertical edge. Make and press the box pleat. Sew the horizontal edges of the pleat.

5. Serge center back edges separately. Sew in dress zipper, preferably using invisible zipper foot. Sew center back seam AFTER you have installed the zipper, stitch as closely as you can to the end of the zipper. Slipstitch the opening and press.

6. Sew shoulder seams. Serge and press towards back.

7. Sew shoulder seams of neckline facings. Press seam apart and serge. Serge outer edge of facings. Pin facing onto Shell right sides together, adjusting neckline edges. Fold the facing away all the way along EXCEPT for the area 5 mm from the edge of dress zipper and pin it to upper edge of garment. Fold seam allowances along zipper onto right side and pin to neckline on top of facings. Sew the neckline. Clip into curves, turn pieces right side out and press. Slip stitch facing to seam allowances of shoulder seam on Shell. Slipstitch facing to zipper tape.

8. Sew pocket bags to the side edges of front and back correspondingly.

9. Sew side seams, sewing around the outer edge of the pocket bags. Serge and press towards back.

10. Sew shoulder seams of armhole facings. Press seam apart and serge. Serge outer edge of facings. Pin facing onto Shell right sides together, adjusting armhole edges and matching markings. Sew the armhole in two steps - first one front, and then the back. Clip into curves, turn pieces right side out and press. Topstitch seam allowances onto facing.

11. Serge hem, turn under, press and topstitch or slip stitch as desired.

TECHNICAL DRAWING:

