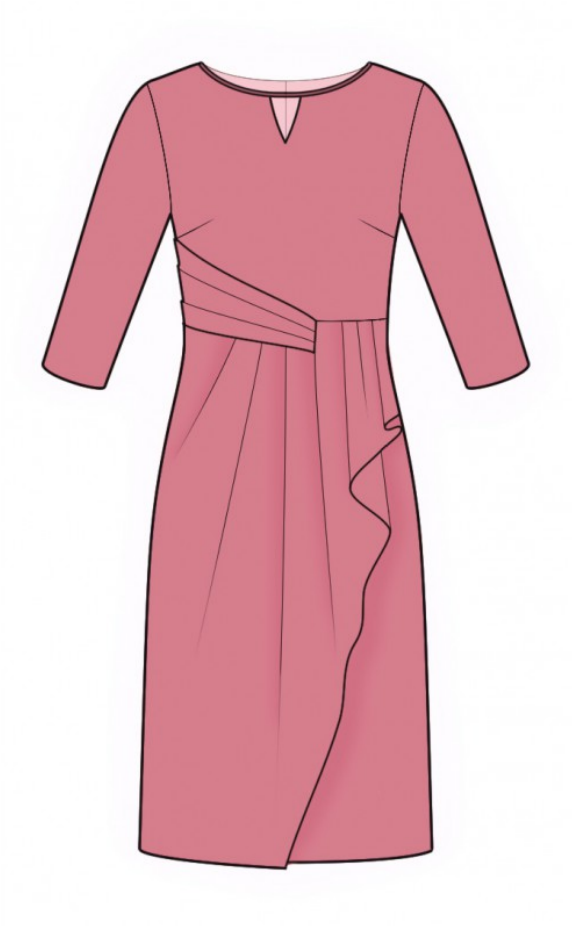
Dress With Pleats - Sewing Pattern #4990



Recommendations on fabric: soft natural/mixed fabric suitable for dresses.

You will also need: fusible interfacing; dress zipper.

Seam allowances: all seams 1 cm. Seam allowance along hem of dress and hem of sleeve – 3.0 cm. Seam allowance along back neckline, upper front and front slit facing – 0 cm.

Note on seam allowances:
- If the pattern has double contour the seam allowances are included. They are 1 cm unless specified otherwise.
- If the pattern has single contour, the seam allowances are NOT included and need to be added when laying out the pattern.

Note on length of fabric:
Attention! The amount of fabric needed for your pattern is not included. It will depend on the selected pattern size, the width, and design of the fabric you plan to use. First, print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm). Measure how much fabric you will need. Don't forget to account for pieces that need to be cut multiple times and pieces that are cut on the fold.

CUTTING:

Note on cutting:
On the pattern pieces, “beam” means straight of grain. Lay out your pieces accordingly. Some pieces will be cut on the fold. This is noted on the pattern piece. Mark all notches and other design features such as pleats etc. from the pattern onto your fabric.
When sewing the garment, pay attention to notches, they must match up.

Main fabric:
1. Back – cut 2
2. Upper front - cut 1 on fold
3. Lower front – cut 1 on fold
4. Fly piece - cut 1
5. Belt - cut 2
6. Front slit facing - cut 1
7. Sleeve – cut 2

Main fabric:
1. Front slit facing - cut 1

INSTRUCTIONS:

1. Apply fusible interfacing.

2. Sew shoulder and waist darts on back, press bulk towards center. Apply fusible interfacing to vent area on backs from the wrong side. Serge center back edges separately. Serge seam allowances of vent. Mark center seam line (vent fold-line) from the right side. Press left part along vent fold, on the right side press onto wrong side only the seam allowance of right side of vent (1 cm). Align pieces along center seam and baste together along upper edge of vent. Sew center back seam from zipper marker down to vent corner. Clip into seam allowance of vent in corner on right part. Press apart center seam, press seam allowances of the vent and sew them together by machine. Sew in zipper.

3. Sew front darts on upper front, press bulk towards top.

4. Serge outer edge of slit facing переда. Pin facing onto Shell right sides together and sew the opening. Trim seam allowances, turn facing onto wrong side, straighten, press.

5. Serge outer and lower edges of fly piece, press onto wrong side and topstitch. Make and baste pleats on fly piece (fold bulks towards left side edge). Pin fly piece wrong side down onto front side of lower front, baste together along all edges and treat as one piece in the future.

6. Sew upper front to lower front, press towards top and serge.

7. Pin belts together, right sides together, and sew longer edges. Turn right side out, straighten, press. Make and baste pleats on belt (fold bulk towards bottom), serge shorter edge. Pin belt onto front, baste together along right side edge. Insert the shorter end of belt under pleat of the fly piece and sew by hand.

8. Sew side and shoulder seams, press towards the back and serge.

9. Cut (or take ready) bias tape, its width should equal 4 cm and length should equal the length of neckline + 4 cm. Fold bias tape in half lengthwise right side out and press. Lay the piece apart, fold longer edges towards center and press one more time. Finish neckline with bias tape.

10. Sew sleeve seam, serge and press. Sew sleeve into armhole, matching notches, serge and press.

11. Serge hem of garment and lower edge of sleeve, press onto wrong side and topstitch.

TECHNICAL DRAWING:

