Vest Dress - Sewing Pattern #4975

Recommendations on fabric: thin natural/mixed suiting fabric.



You will also need: fusible interfacing; lining; 8 buttons; 1 inner button; two of the zipper.

Seam allowances: all seams 1 cm. Seam allowance for hem 3 cm.

Note on seam allowances:
- If the pattern has double contour the seam allowances are included. They are 1 cm unless specified otherwise.
- If the pattern has single contour, the seam allowances are NOT included and need to be added when laying out the pattern.

Note on length of fabric:
Attention! The amount of fabric needed for your pattern is not included. It will depend on the selected pattern size, the width, and design of the fabric you plan to use. First, print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm). Measure how much fabric you will need. Don't forget to account for pieces that need to be cut multiple times and pieces that are cut on the fold.

CUTTING:

Note on cutting:
On the pattern pieces, “beam” means straight of grain. Lay out your pieces accordingly. Some pieces will be cut on the fold. This is noted on the pattern piece. Mark all notches and other design features such as pleats etc. from the pattern onto your fabric.
When sewing the garment, pay attention to notches, they must match up.

Main fabric:
1. Center back – cut 2
2. Side back – cut 2
3. Side front – cut 2
4. Center front – cut 2
5. Lower collar - cut 1
6. Upper collar – cut 1
7. Center front facing – cut 2

8. Back neck facing – cut 1

Lining:
1. Center front – cut 2
2. Side front - cut 2
3. Center back – cut 2
4. Side back – cut 2

Fusible interfacing:
1. Center front – cut 2
2. Center front facing – cut 2
3. Back neck facing – cut 1
4. Upper collar - cut 1

Attention: The lining for center front and center back are cut using pattern blocks for self fabric except for the width of back neckline facing and center front facing correspondingly.

INSTRUCTIONS:

1. Apply fusible interfacing. Apply fusing on front along the lapel fold , its width should equal 1 cm (fusible interfacing).

2. Pin zipper onto side front and topstitch, making an imitation of a pocket.

3. Sew shoulder darts on back. Press bulk towards center.Sew side front to center front. Press seam apart and on back. Sew and press apart center back seam.

4. Sew and press apart shoulder and side edges of dress.

5. Pin upper collar to lower collar and sew the corners and the outer edge. Start and stop sewing exactly at the marked line of the seam between collar and garment. Trim away corners, snip into seam allowance near the mark. Turn the collar right side out, straighten and press.

6. Sew and press apart the shoulder edges of the back neckline facing and of the center front facing.

7. Place center front facing onto front right sides together, pin together and sew along the center front edge. Sew upwards up to the notch marking the end of collar seam. Trim away corners. Topstitch seam allowance along center front edge onto center front facing along the closure, and onto front along the part, which is folded away. Place stitch line at 0,2 cm from seam. Turn center front facings right side out, straighten seams.

8. Sew lower collar into neckline of shell, sew upper collar into neckline of back neckline facing and center front facing. Press seam allowances of the collar seam apart and slipstitch them together close to the seam.

9. Sew seams on lining, leaving an opening in left side seam.

10. Sew lining to inner edges of center front facings, back neckline facing and hem of dress. Sew armholes to lining in two steps-first the front armhole, then the back armhole.

11. Turn the dress right side out through the opening in lining. Sew the opening in the lining.

12. Make buttonholes on right front, and sew on buttons onto left front. Make inner buttonhole and sew on inner button.

TECHNICAL DRAWING:

