Blouse With Full Sleeve - Sewing Pattern #4953



Recommendations on fabric: lightweight fabrics made from natural or blended fibers, chiffon.

You will also need: fusible interfacing; 1 button; elastic tape, its width should equal 2 cm.

Seam allowances: all seams 1 cm. Seam allowance for hem of garment – 2 cm , seam allowance for hem of sleeve – 3 cm. Seam allowance of center edge of front yoke – 2 cm.

Note on seam allowances:
- If the pattern has double contour the seam allowances are included. They are 1 cm unless specified otherwise.
- If the pattern has single contour, the seam allowances are NOT included and need to be added when laying out the pattern.

Note on length of fabric:
Attention! The amount of fabric needed for your pattern is not included. It will depend on the selected pattern size, the width, and design of the fabric you plan to use. First, print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm). Measure how much fabric you will need. Don't forget to account for pieces that need to be cut multiple times and pieces that are cut on the fold.

CUTTING:

Note on cutting:
On the pattern pieces, “beam” means straight of grain. Lay out your pieces accordingly. Some pieces will be cut on the fold. This is noted on the pattern piece. Mark all notches and other design features such as pleats etc. from the pattern onto your fabric.
When sewing the garment, pay attention to notches, they must match up.

Main fabric:
1. Back – cut 1 on fold
2. Front - cut 1 on fold
3. Back yoke – cut 1 on fold
4. Front yoke - cut 2
5. Stand collar – cut 2
6. Upper sleeve – cut 2

7. Lower sleeve – cut 2

INSTRUCTIONS:

1. Apply fusible interfacing to stand collar and seam allowance along center edge of front yoke.

2. Sew front yokes from notch down to the lower edge. Press the seam apart. Fold seam allowance inside at 1 cm, then again at 1 cm and topstitch along the slit.

3. Sew a gathering stitch along upper edge of front and gather fullness. Sew yokes to front. Serge and press towards top.

4. Sew a row of gathering stitches along the upper edge of the back between the marks with reduced upper thread tension and gather fullness. Sew yoke to back. Serge and press towards top.

5. Sew shoulder and side seams of the blouse. Press towards back and serge.

6. Cut (or take ready) bias tape, its width should equal 2.5 cm and its length should equal 5 cm for loop buttonhole. Fold tape in half lengthwise right sides together and stitch at 0.3 cm from fold. Cut away seam allowances close to seam, turn tape right side out and straighten the rolled piece. Adjust length of the loop.

7. Pin together parts of stand collar, right sides together and sew along the outer edge, start and stop stitching exactly at the seam line of collar stand. Insert loop buttonhole between the stand collars on the right side. Clip into curves, turn stand collar right side out, press. Sew outer stand collar into neckline, fold inside open edge of internal stand collar and stitch in the ditch.

8. Sew a gathering stitch along upper edge of lower sleeve and gather fullness. Sew upper sleeve to lower sleeve. Serge, press towards top. Sew and serge sleeve edges. Sew sleeves into armholes. Serge the seam.

9. Press lower edge of garment onto wrong side, fold inside two times by 1 cm and topstitch.

10. Hem of sleeve serge, turn inside and topstitch, making a casing. Thread elastic tape into casing and fasten it.

11. Sew on button on the left side of stand collar.

TECHNICAL DRAWING:

