Dress With Pleats - Sewing Pattern #4934



Recommendations on fabric: natural/mixed fabrics with elastane suitable for dresses.

You will also need: dress zipper, fusible interfacing.

Seam allowances: all seams 1 cm; seam allowance for hem of dress – 2 cm; seam allowance for hem of sleeve — 1.5 cm.

Note on seam allowances:
- If the pattern has double contour the seam allowances are included. They are 1 cm unless specified otherwise.
- If the pattern has single contour, the seam allowances are NOT included and need to be added when laying out the pattern.

Note on length of fabric:
Attention! The amount of fabric needed for your pattern is not included. It will depend on the selected pattern size, the width, and design of the fabric you plan to use. First, print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm). Measure how much fabric you will need. Don't forget to account for pieces that need to be cut multiple times and pieces that are cut on the fold.

Note on working with stretchy fabric:
Knitted fabric pieces are sewn together with special elastic or narrow zig-zag stitch. Seam allowance on hems can be stitched with twin needles to save stretchiness. Pieces can also be sewn together with a serger. When serging, cut seam allowances to 0.6 – 0.8 cm.

CUTTING:

Note on cutting:
On the pattern pieces, “beam” means straight of grain. Lay out your pieces accordingly. Some pieces will be cut on the fold. This is noted on the pattern piece. Mark all notches and other design features such as pleats etc. from the pattern onto your fabric.
When sewing the garment, pay attention to notches, they must match up.

Main fabric:
1. Upper back - cut 2
2. Back belt — cut 2

3. Lower back - cut 2
4. Upper front – cut 1 on fold
5. Front belt — cut 1
6. Lower front — cut 1 on fold
7. Sleeve - cut 2
8. Back neck facing - cut 2
9. Front neck facing - cut 1
10. Pocket bag - cut 4

INSTRUCTIONS:

1. Make and baste pleats on lower fronts and on lower backs.

2. Sew darts on back, press bulk towards center. Sew back belt to upper back, press seam allowances towards belt and serge. Sew lower back to belt, press seam allowances towards belt and serge.

3. Serge center back edges separately. Sew center back seam from notch for zipper to bottom, press the seam apart. Sew in zipper.

4. Make and baste pleats on the neckline of upper front (fold bulks from center). Sew front belt to upper front, press seam allowances towards belt and serge. Sew lower front to belt, press seam allowances towards belt and serge.

5. Sew pocket bags to lower backs and lower front, serge and press towards pocket bag. Sew side seams, sewing pocket bags at the same time. Serge the seam allowances and press onto front.

6. Sew shoulder seams, press towards the back and serge.

7. Sew the shoulder seams of the neckline facings, press the seam apart. Serge the outer edge. Pin facing to garment right sides together and sew the neckline. Fold the facing onto wrong side, straighten, press. Slip stitch facing to self garment along shoulder seams and center back seam.

8. Serge lower edge of sleeve, fold inside the seam allowance and topstitch. Sew sleeves into armholes, serge and press.

9. Cut (or take ready) bias tape, its width should equal 4 cm and length should equal the length of lower armhole + 6 cm. Fold bias tape in half lengthwise right side out and press. Pin bias tape onto armhole edge from the right side, leaving loose ends, and sew. Fold bias tape onto wrong side, clip into seam allowances and topstitch onto main piece along the fold. Press seam.

10. Serge lower edge of dress, press onto wrong side and topstitch.

TECHNICAL DRAWING:

