Tunic Dress - Sewing Pattern #4926

Recommendations on fabric: natural/mixed fabric suitable for dresses.



You will also need: elastic tape, its width should equal 1 cm.

Seam allowances: all seams 1 cm; seam allowance for hem of dress and hem of sleeve – 2.0 cm.

Note on seam allowances:
- If the pattern has double contour the seam allowances are included. They are 1 cm unless specified otherwise.
- If the pattern has single contour, the seam allowances are NOT included and need to be added when laying out the pattern.

Note on length of fabric:
Attention! The amount of fabric needed for your pattern is not included. It will depend on the selected pattern size, the width, and design of the fabric you plan to use. First, print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm). Measure how much fabric you will need. Don't forget to account for pieces that need to be cut multiple times and pieces that are cut on the fold.

CUTTING:

Note on cutting:
On the pattern pieces, “beam” means straight of grain. Lay out your pieces accordingly. Some pieces will be cut on the fold. This is noted on the pattern piece. Mark all notches and other design features such as pleats etc. from the pattern onto your fabric.
When sewing the garment, pay attention to notches, they must match up.

Main fabric:
1. Upper back - cut 1 on fold
2. Lower back – cut 1 on fold
3. Upper front - cut 1 on fold
4. Lower front – cut 1 on fold
5. Upper sleeve - cut 2
6. Lower sleeve - cut 2

INSTRUCTIONS:

1. Sew front darts, press bulk towards top.

2. Sew a gathering stitch along the upper edge of lower back and gather fullness. Sew upper back to lower back, press towards top and serge. Sew a decorative stitch along the seam at 0.5 cm.

3. Sew a gathering stitch along the upper edge of lower front and gather fullness. Sew upper front to lower front, press towards top and serge. Sew a decorative stitch along the seam at 0.5 cm.

4. Sew shoulder and side seams, press towards the back and serge.

5. Cut or use ready-made bias tape, its width should equal 4 cm and length should equal the length of neckline + 5 cm. Fold bias tape in half lengthwise right side out and press. Pin bias tape to neckline from the right side and sew. Clip seam allowances. Fold bias tape onto wrong side and topstitch onto main piece along the fold. Press seam.

6. Sew a gathering stitch along upper edge of lower sleeve and gather fullness. Sew upper sleeve to lower sleeve, press towards top and serge. Sew a decorative stitch along the seam at 0.5 cm. Sew sleeve seam, serge and press. Sew sleeves into armholes matching notches, press seam, serge.

7. Serge lower edge of sleeve, fold inside the seam allowance and topstitch, making a casing. Thread elastic tape into casing and sew ends together.

8. Seam allowance for hem press onto wrong side at 1 cm, then again at 1 cm and topstitch.

TECHNICAL DRAWING:

