Blouse With Asymmetrical Pleats - Sewing Pattern #4923

Recommendations on fabric: natural/mixed fabrics suitable for blouses with elastane.

You will also need: fusible interfacing.



Seam allowances: Seam allowance along hem of garment – 1.5 cm. Other seams – 1.0 cm

Note on seam allowances:
- If the pattern has double contour the seam allowances are included. They are 1 cm unless specified otherwise.
- If the pattern has single contour, the seam allowances are NOT included and need to be added when laying out the pattern.

Note on length of fabric:
Attention! The amount of fabric needed for your pattern is not included. It will depend on the selected pattern size, the width, and design of the fabric you plan to use. First, print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm). Measure how much fabric you will need. Don't forget to account for pieces that need to be cut multiple times and pieces that are cut on the fold.

Note on working with stretchy fabric:
Knitted fabric pieces are sewn together with special elastic or narrow zig-zag stitch. Seam allowance on hems can be stitched with twin needles to save stretchiness. Pieces can also be sewn together with a serger. When serging, cut seam allowances to 0.6 – 0.8 cm.

CUTTING:

Note on cutting:
On the pattern pieces, “beam” means straight of grain. Lay out your pieces accordingly. Some pieces will be cut on the fold. This is noted on the pattern piece. Mark all notches and other design features such as pleats etc. from the pattern onto your fabric.
When sewing the garment, pay attention to notches, they must match up.

Main fabric:
1. Back facing - cut 2
2. Back - cut 1 on fold
3. Front – cut 1

4. Front facing – cut 2
5. Sleeve - cut 2
6. Cuff - cut 2

Fusible interfacing:
1. Back facing - cut 1
2. Front facing – cut 1
3. Cuff – cut 2

INSTRUCTIONS:

1. Apply fusible interfacing.

2. Make and baste the left pleat on front neckline (fold the bulk away from the center front). Make and baste the right pleat on the front neckline (fold the bulk of pleat towards shoulder seam).

3. Sew side and shoulder seams, press towards the back and serge.

4. Sew shoulder seams on outer and inner neckline facings, press the seam apart. Pin together facings right sides together and sew the neckline. Clip into curves, turn facing right side out, press. Sew outer facing to neckline edge, press the seam allowances towards the facing. Fold under the lower edge of inner facing and press and stitch-in-the-ditch along seam of outer facing.

5. Sew sleeve seams, press towards back and serge. Sew sleeves into armholes, serge and press.

6. Sew cuff into a ring, press the seam apart. Fold cuff in half lengthwise, right sides together and press. Sew outer side of cuff to sleeve, fold the seam allowance of the inner cuff inward and stitch in the seam attaching the outer cuff.

7. Serge lower edge of garment, press onto wrong side and topstitch.

TECHNICAL DRAWING:

