Shift Dress - Sewing Pattern #4920

Recommendations on fabric: natural/mixed fabric suitable for dresses.

You will also need: fusible interfacing; 6 buttons.

Seam allowances: Seam allowance for hem of garment - 6 cm; hem of sleeve – 2 cm; upper seam allowance of pocket – 3 cm; other seams – 1 cm.



Note on seam allowances:
- If the pattern has double contour the seam allowances are included. They are 1 cm unless specified otherwise.
- If the pattern has single contour, the seam allowances are NOT included and need to be added when laying out the pattern.

Note on length of fabric:
Attention! The amount of fabric needed for your pattern is not included. It will depend on the selected pattern size, the width, and design of the fabric you plan to use. First, print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm). Measure how much fabric you will need. Don't forget to account for pieces that need to be cut multiple times and pieces that are cut on the fold.

CUTTING:

Note on cutting:
On the pattern pieces, “beam” means straight of grain. Lay out your pieces accordingly. Some pieces will be cut on the fold. This is noted on the pattern piece. Mark all notches and other design features such as pleats etc. from the pattern onto your fabric.
When sewing the garment, pay attention to notches, they must match up.

Main fabric:
1. Back - cut 1 on fold
2. Front - cut 1 on fold
3. Pocket – cut 2
4. Neckline facing – cut 2
5. Short placket — cut 3
6. Long placket – cut 1
7. Sleeve – cut 2

8. Sleeve decorative tab – cut 2
9. Back yoke – cut 1

Fusible interfacing:
1. Neckline facing – cut 1
2. Short placket – cut 1
3. Long placket – cut 1

INSTRUCTIONS:

1. Apply fusible interfacing.

2. Pin neckline facings together, right sides together, and sew outer edges. Start and stop sewing exactly at the marked line of seam. Clip into curves. Turn the ready facing right side out and press.

3. Sewing placket:
Left side. Pin together short plackets and sew the outer edge. Turn pieces right side out and press. Sew one edge of placket to front, press seam allowance towards the placket. Turn seam allowance of inner side of placket under and stitch-in-the-ditch along seam of upper one.

Right side. Pin together short and long placket right sides together. Sew along center edge. Stop stitching exactly at the marked line of hem. Turn the plackets onto right side and press. Pin short placket onto front, right side of placket to wrong side of front and sew, press seam allowance towards the placket and press.

Pin right placket onto left placket and baste together plackets along lower edge, folding upper placket away, so that it doesn't get into the seam. Turn seam allowance of upper placket, forming a corner. Topstitch from the right side in two steps: along the placket while folding away the left part, and along the front (at the corner).

4. Serge the upper edge of pocket. Fold inside the seam allowance and topstitch. Pin pocket onto front according to markings, side and lower turn seam allowances inside and topstitch.

5. Sew yoke to back. Serge and press towards top.

6. Sew a gathering stitch along the upper edge of front and gather fullness. Sew yoke to front, press seam allowances towards yoke and serge.

7. Sew side seams, press towards the back and serge.

8. Sew upper facing into neckline, press seam allowances towards facing. Turn the raw edge of lower facing under and stitch in the ditch along the seam of upper facing.

9. Fold decorative tabs in half lengthwise right sides together and sew along longer and one shorter edge. Turn right side out, snipping the seam allowances in corners, straighten and press. Serge the unfinished shorter

edge. Topstitch decorative tabs according to the markings onto the wrong side of sleeves.

10. Sew sleeve seams, press towards back and serge. Sew sleeves into armholes, serge and press.

11. Turn hem under inside at 1 cm, then at 5 cm and topstitch. Fold inside seam allowance along lower edge of sleeve two times by 1 cm and topstitch.

12. Sew on buttons onto left front. Make buttonholes on decorative tabs, sew on buttons onto sleeves.

TECHNICAL DRAWING:

