# Blouse With Pleat - Sewing Pattern #4919

Recommendations on fabric: natural/mixed fabrics suitable for blouses.



You will also need: fusible interfacing.

Seam allowances: Seam allowance along hem of garment – 1.5 cm. Other seams – 1.0 cm

**Note on seam allowances:**
*- If the pattern has double contour the seam allowances are included. They are 1 cm unless specified otherwise.*
*- If the pattern has single contour, the seam allowances are NOT included and need to be added when laying out the pattern.*

**Note on length of fabric:**
*Attention! The amount of fabric needed for your pattern is not included. It will depend on the selected pattern size, the width, and design of the fabric you plan to use. First, print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm). Measure how much fabric you will need. Don't forget to account for pieces that need to be cut multiple times and pieces that are cut on the fold.*

## CUTTING:

**Note on cutting:**
*On the pattern pieces, “beam” means straight of grain. Lay out your pieces accordingly. Some pieces will be cut on the fold. This is noted on the pattern piece. Mark all notches and other design features such as pleats etc. from the pattern onto your fabric.*
*When sewing the garment, pay attention to notches, they must match up.*

Main fabric:
1. Back yoke - cut 1 on fold
2. Back - cut 1 on fold
3. Front – cut 2
4. Center front facing – cut 2
5. Stand collar - cut 2
6. Sleeve - cut 2
7. Cuff - cut 2

Fusible interfacing:
1. Center front facing – cut 2
2. Stand collar - cut 1
3. Cuff – cut 2

## INSTRUCTIONS:

1. Apply fusible interfacing.

2. Make a box pleat on upper edge of back. Sew yoke to back, press towards top and serge. Sew outer stand collar into back neckline, clip seam allowances, press towards stand collar.

3. Sew front darts, press bulk towards top. Make and baste pleats on shoulder edge of front (the bulk is directed towards center).

4. Right front. Pin the center front facing to the front right sides together and sew the outer edge. Clip into curves, turn pieces right side out, press.
Left front. Pin center front facing to front right sides together and sew outer edge from shoulder seam to marking. Clip into seam allowances near marking and on curves, turn pieces right side out, press.

5. Put right front onto left front, matching center lines. Sew left front to right front facing, serge and press, serging the open edge of center front facing up to the right shoulder edge at the same time.

6. Serge lower seam allowance of inner stand collar onto wrong side. Pin inner stand collar to outer stand collar right sides together and sew upper edge exactly up to the marked line of shoulder seam. Clip seam allowances.

7. Sew shoulder edges, placing them between inner and outer stand collars. Press seams towards back, serge. Turn pieces right side out. Topstitch the inner collar in the seam of the outer collar.

8. Sew side seams, press towards the back and serge.

9. Sew sleeve seams, press towards back and serge. Sew sleeves into armholes, serge and press.

10. Sew cuff into a ring, press the seam apart. Fold cuff in half lengthwise, right sides together and press. Sew outer side of cuff to sleeve, fold the seam allowance of the inner cuff inward and stitch in the seam attaching the outer cuff.

11. Serge lower edge of garment, press onto wrong side and topstitch.

12. Fix right and left fronts together at the lower angle of the neckline-with decorative stitch, decorative button, or a brooch.

## TECHNICAL DRAWING:

