Shift Dress - Sewing Pattern #4891

Recommendations on fabric: natural/mixed fabric suitable for dresses.



You will also need: fusible interfacing.

Seam allowances: all seams 1 cm. Seam allowance for hem of garment and hem of sleeve – 4 cm.

Note on seam allowances:
- If the pattern has double contour the seam allowances are included. They are 1 cm unless specified otherwise.
- If the pattern has single contour, the seam allowances are NOT included and need to be added when laying out the pattern.

Note on length of fabric:
Attention! The amount of fabric needed for your pattern is not included. It will depend on the selected pattern size, the width, and design of the fabric you plan to use. First, print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm). Measure how much fabric you will need. Don't forget to account for pieces that need to be cut multiple times and pieces that are cut on the fold.

CUTTING:

Note on cutting:
On the pattern pieces, “beam” means straight of grain. Lay out your pieces accordingly. Some pieces will be cut on the fold. This is noted on the pattern piece. Mark all notches and other design features such as pleats etc. from the pattern onto your fabric.
When sewing the garment, pay attention to notches, they must match up.

Main fabric:
1. Back yoke – cut 1
2. Back – cut 2
3. Center upper front – cut 1
4. Side upper front – cut 2
5. Lower front – cut 1 on fold
6. Placket – cut 2
7. Sleeve – cut 2

8. Pocket welt – cut 2
9. Back neck facing – cut 1
10. Front neck facing – cut 2

Fusible interfacing:
1. Placket – cut 2
2. Pocket welt – cut 2
3. Back neck facing – cut 1
4. Front neck facing – cut 2

INSTRUCTIONS:

1. Apply fusible interfacing.

2. Sew the center back seam, press towards left and serge. Sew a decorative stitch along the seam at 0.5 – 0.7 cm. Sew yoke to back, press seam allowances towards yoke and serge. Sew a decorative stitch along the seam at 0.5 – 0.7 cm.

3. Sew side upper front to center upper front, press seams towards center and serge. Sew a decorative stitch along the seam at 0.5 – 0.7 cm. Sew upper front to lower front, press towards top and serge. Sew a decorative stitch along the seam at 0.5 – 0.7 cm.

4. Fold off-set welt in half lengthwise right sides together and sew three edges, leaving an opening for turning. Trim away corners, turn the piece right side out, straighten, press. Pin pocket welts onto front according to markings and topstitch.

5. Sew shoulder and side seams, press towards the back and serge.

6. Sew the shoulder seams of the neckline facings, press the seam apart. Serge the outer edge. Pin facing to garment right sides together and sew the neckline. Clip into curves, turn facing onto wrong side, straighten, press. Topstitch facing onto front along the outer edge.

7. Pin plackets together right sides together and sew upper corner. Start and stop stitching exactly at the marked seam line. Turn the piece right side out, straighten, press. Sew outer edge of placket to front, stop stitching exactly at the marked line of the bottom edge. Press towards placket, clip into corner. Turn seam allowance of inner side of placket under and topstitch into seam of. Pin right placket onto left placket, tuck in the ends and sew, fastening the lower edge.

8. Sew sleeve seam, serge and press. Sew sleeves into armholes, serge and press.

9. Serge seam allowances along hem of dress and hem of sleeves, press onto wrong side and topstitch.

10. Sew two decorative stitches across the plackets, fastening them together.

TECHNICAL DRAWING:

