Shirt With Pleat - Sewing Pattern #4882

Recommendations on fabric: thick natural/mixed fabrics suitable for blouses.

You will also need: fusible interfacing; 11 buttons.



Seam allowances: Seam allowance along hem of garment – 1.5 cm. Seam allowance along upper edge of pocket – 2.0 cm. Other seams – 1.0 cm

Note on seam allowances:
- If the pattern has double contour the seam allowances are included. They are 1 cm unless specified otherwise.
- If the pattern has single contour, the seam allowances are NOT included and need to be added when laying out the pattern.

Note on length of fabric:
Attention! The amount of fabric needed for your pattern is not included. It will depend on the selected pattern size, the width, and design of the fabric you plan to use. First, print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm). Measure how much fabric you will need. Don't forget to account for pieces that need to be cut multiple times and pieces that are cut on the fold.

CUTTING:

Note on cutting:
On the pattern pieces, “beam” means straight of grain. Lay out your pieces accordingly. Some pieces will be cut on the fold. This is noted on the pattern piece. Mark all notches and other design features such as pleats etc. from the pattern onto your fabric.
When sewing the garment, pay attention to notches, they must match up.

Main fabric:
1. Back yoke - cut 1 on fold
2. Upper back - cut 1 on fold
3. Lower back - cut 1 on fold
4. Upper front – cut 2
5. Lower front – cut 2
6. Placket left – cut 1
7. Placket right – cut 1

8. Pocket – cut 1
9. Collar - cut 2
10. Stand collar - cut 2
11. Sleeve - cut 2
12. Cuff - cut 2

Fusible interfacing:
1. Placket left – cut 1
2. Placket right – cut 1
3. Collar - cut 1
4. Stand collar - cut 1
5. Cuff – cut 2

INSTRUCTIONS:

1. Apply fusible interfacing.

2. Sew a gathering stitch along the upper edge of the upper back and gather fullness. Sew yoke to upper back, press towards top, serge and topstitch at 0.1 cm from seam.

3. Sew a gathering stitch along the upper edge of lower back and gather fullness. Sew lower back to upper back, serge and press.

4. Sew front darts, press bulk towards top.

5. Serge upper seam allowance of pocket, press onto wrong side and topstitch. Press side and lower seam allowances of pocket onto wrong side. Pin pocket onto front according to markings and topstitch.

6. Sew a gathering stitch along the upper edge of lower front and gather fullness. Sew lower front to upper front, serge and press.

7. Sew side seams, press towards the back and serge. Make and baste a horizontal pleat around the garment, topstitch in the ditch of the seam of lower parts.

8. Right front: sew right placket to front, press seam allowances onto placket. Press placket under onto the wrong side, according to the lines marking the center front edge and the center front edge of hidden button placket. Topstitch placket into seam of. Fold internal part of the placket towards center front, press. Left front: sew left placket to front, press seam allowances onto placket. Fold inner edge under at 1 cm and topstitch into seam of. Make buttonholes on inner part of right placket.

9. Sew shoulder seams, press towards the back and serge.

10. Pin upper collar to lower collar, right sides together. Sew ends of collar and collar fall. Trim seam

allowances. Turn the collar right side out, straighten and press. Pin stand collars together, right sides together, put ready collar between them, adjust notches and sew, sewing ends of stand collar at the same time. Start and stop sewing exactly at the marked line of seam between stand collar and garment. Turn finished collar right side out and press.

11. Sew outer stand collar with collar into neckline, fold inside open edge of internal stand collar and stitch in the ditch. Sew a decorative stitch along collar and stand collar at 0.1 cm.

12. Serge sleeve edges. Sew sleeve seam from notch upwards, press the seam apart. Sew a fastening stitch along the slit at 0.1 cm from the edge. Sew sleeves into armholes. Serge the seam allowances and press to sleeve.

13. Fold cuff in half lengthwise, right sides together and sew side seams. Turn the piece right side out, press. Sew outer side of cuff to sleeve, fold the seam allowance of the inner cuff inward and stitch in the seam attaching the outer cuff.

14. Serge lower edge of garment, press onto wrong side and topstitch.

15. Make button holes and sew on buttons on stand collar and cuffs. Sew on buttons on left front.

TECHNICAL DRAWING:

