Dress With Knit Sleeves - Sewing Pattern #4879

Recommendations on fabric: natural/mixed fabric suitable for dresses; knit fabrics of small or medium stretchiness in contrast or similar colours.



You will also need: fusible interfacing; dress zipper, 2 push buttons.

Seam allowances: all seams 1 cm; seam allowance for hem of dress and hem of sleeve – 1.2 cm.

Note on seam allowances:
- If the pattern has double contour the seam allowances are included. They are 1 cm unless specified otherwise.
- If the pattern has single contour, the seam allowances are NOT included and need to be added when laying out the pattern.

Note on length of fabric:
Attention! The amount of fabric needed for your pattern is not included. It will depend on the selected pattern size, the width, and design of the fabric you plan to use. First, print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm). Measure how much fabric you will need. Don't forget to account for pieces that need to be cut multiple times and pieces that are cut on the fold.

Note on working with stretchy fabric:
Knitted fabric pieces are sewn together with special elastic or narrow zig-zag stitch. Seam allowance on hems can be stitched with twin needles to save stretchiness. Pieces can also be sewn together with a serger. When serging, cut seam allowances to 0.6 – 0.8 cm.

CUTTING:

Note on cutting:
On the pattern pieces, “beam” means straight of grain. Lay out your pieces accordingly. Some pieces will be cut on the fold. This is noted on the pattern piece. Mark all notches and other design features such as pleats etc. from the pattern onto your fabric.
When sewing the garment, pay attention to notches, they must match up.

Main fabric:
1. Center back - cut 2
2. Side back - cut 2

3. Back yoke – cut 2
4. Right front — cut 1
5. Left front — cut 1
6. Upper sleeve – cut 2
7. Belt – cut 1
8. Back neck facing – cut 2
9. Front neck facing – cut 2

Knit fabric:
1. Sleeve – cut 2

Fusible interfacing:
1. Back neck facing – cut 2
2. Front neck facing – cut 2

INSTRUCTIONS:

1. Apply fusible interfacing to facings, and to whole cut center front facing on Right Front.

2. Belt pin together in half lengthwise right sides together and sew along the longer side and one shorter side. Trim away corners, turn belt right side out, straighten, press.

3. Sew side backs to center back, inserting belt into the right princess seam, press towards center and serge. Sew yoke to back, press seam allowances towards yoke and serge.

4. Serge center back edges separately. Sew the center back seam from zipper mark to hem, press the seam apart. Sew in zipper.

5. Sew waist darts and bust darts on Fronts. Press the bulk of waist darts towards center, press bulk of bust darts towards top.

6. Serge outer edges of neckline facings. Pin neckline facing onto left front right sides together and sew the neckline. Fold the facing onto the wrong side, straighten, press.

7. Pin left front to whole cut center front facing on the RIGHT front, right sides together. The center front facing is higher than front by 1 cm. Sew . Serge and press.

8. Fold right front along the marked line onto the right side, pin neckline facing to right front, right sides together and sew the neckline and upper corner of central front facing. Clip into curves. Turn facing and center front facing onto wrong side, straighten, press. Sew a decorative stitch on the right front along the marked line.

9. Pin back neckline facing onto self garment right sides together and sew neckline exactly up to the marked line of shoulder seam. Clip into curves.

10. Sew shoulder seams, placing shoulder edge of front between facing and the shoulder edge of back. Press seams towards back, serge. Turn pieces right side out, press.

11. Sew side seams, press towards the back and serge.

12. Sew upper sleeve to lower sleeve, press towards top and serge. Sew sleeve seam, serge and press. Sew sleeves into armholes, matching notches. Serge and press.

13. Seam allowance along hem of garment and hem of sleeve serge, press onto wrong side and topstitch.

14. Sew push buttons at belt. Sew the corresponding buttons onto the inner side of right front.

TECHNICAL DRAWING:

