

Dress With Center Front Pleat - Sewing Pattern #4864

Recommendations on fabric: natural/mixed fabric suitable for dresses.

You will also need: lining, fusible interfacing, dress zipper.

Seam allowances: all seams 1 cm. Seam allowance along hem of garment – 3 cm.

Note on seam allowances:

- If the pattern has double contour the seam allowances are included. They are 1 cm unless specified otherwise.
- If the pattern has single contour, the seam allowances are NOT included and need to be added when laying out the pattern.

Note on length of fabric:

Attention! The amount of fabric needed for your pattern is not included. It will depend on the selected pattern size, the width, and design of the fabric you plan to use. First, print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm). Measure how much fabric you will need. Don't forget to account for pieces that need to be cut multiple times and pieces that are cut on the fold.



CUTTING:

Note on cutting:

On the pattern pieces, "beam" means straight of grain. Lay out your pieces accordingly. Some pieces will be cut on the fold. This is noted on the pattern piece. Mark all notches and other design features such as pleats etc. from the pattern onto your fabric.

When sewing the garment, pay attention to notches, they must match up.

Main fabric:

- 1. Back cut 2
- 2. Front cut 1 on fold
- 3. Collar cut 4
- 4. Stand collar cut 2
- 5. Flap cut 4
- 6. Sleeve cut 2



7. Cuff - cut 2

Lining:

- 1. Small pocket lining -cut 2
- 2. Large pocket lining cut 2

Fusible interfacing:

- 1. Flap cut 2
- 2. Collar cut 1
- 3. Stand collar cut 1
- 4. Cuff cut 2

INSTRUCTIONS:

- 1. Apply fusible interfacing.
- 2. Serge the center back edges separately. Sew center edge from notch for zipper to bottom. Press the seam apart. Sew in zipper.
- 3. Pin together flaps right sides together and sew along side and lower edges. Trim seam allowances, turn the flap right side out and press. Sew flap to front along upper line of the pocket marking (the finished edge is directed towards neckline). Sew large pocket bag to front along upper marked line of pocket. Sew smaller pocket bag to front along the lower marking of the pocket. Stop stitching near short marking lines of the pocket. Slash through pocket opening. Snip diagonally toward end of stitching at 1-1.5 cm from end of pocket opening. Turn flaps and pocket bags onto wrong side through the resulting opening. Sew a double back stitch lines near corners to fix ends of pockets. Sew together edges of pocket bags.
- 4. Sew shoulder and side seams. Serge seams and press towards back.
- 5. Pin upper collar to lower collar, right sides together and sew ends, collar fall and center edge. Trim seam allowances in corners, turn the collar right side out, straighten and press. Pin stand collars right sides together, inserting the finished collars in between, adjust markings from center, and stitch, sewing the collar stand at the same time. Start and stop sewing exactly at the marked line of seam between stand collar and garment. Turn finished collar right side out and press.
- 6. Make pleat on front. Baste pleat along neckline edge. Sew outer stand collar with collar into neckline, fold inside open edge of internal stand collar and stitch in the ditch.
- 7. Sew sleeve seam, press seam towards back of sleeve and serge. Sew cuff into a ring, press the seam apart. Fold cuff in half lengthwise and press right side out. Sew outer side of cuff to sleeve, fold inside fold under the seam allowance of the inner side inside and topstitch into шов. Sew sleeves into armholes, matching notches, serge and press.



8. Serge lower edge of dress, press onto wrong side and topstitch.

TECHNICAL DRAWING:

