Dress With Yoke - Sewing Pattern #4857



Recommendations on fabric: natural/mixed knit fabric of small stretchiness in contrasting or similar color.

You will also need: dress zipper, knit fusible interfacing, 2 buttons.

Seam allowances: all seams 1 cm; seam allowance for hem of dress and hem of sleeve – 2.0 cm.

Pattern pieces are drafted as seen from the right side, when cutting, please place them with the text and markings down onto the fabric!

Note on seam allowances:
- If the pattern has double contour the seam allowances are included. They are 1 cm unless specified otherwise.
- If the pattern has single contour, the seam allowances are NOT included and need to be added when laying out the pattern.

Note on length of fabric:
Attention! The amount of fabric needed for your pattern is not included. It will depend on the selected pattern size, the width, and design of the fabric you plan to use. First, print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm). Measure how much fabric you will need. Don't forget to account for pieces that need to be cut multiple times and pieces that are cut on the fold.

Note on working with stretchy fabric:
Knitted fabric pieces are sewn together with special elastic or narrow zig-zag stitch. Seam allowance on hems can be stitched with twin needles to save stretchiness. Pieces can also be sewn together with a serger. When serging, cut seam allowances to 0.6 – 0.8 cm.

CUTTING:

Note on cutting:
On the pattern pieces, “beam” means straight of grain. Lay out your pieces accordingly. Some pieces will be cut on the fold. This is noted on the pattern piece. Mark all notches and other design features such as pleats etc. from the pattern onto your fabric.
When sewing the garment, pay attention to notches, they must match up.

Main fabric 1:

1. Upper back - cut 2
2. Lower back - cut 2
3. Upper front – cut 1 on fold
4. Lower front - cut 1 on fold

Main fabric 2:
1. Front yoke left - cut 1
2. Front yoke right - cut 1
3. Collar - cut 2
4. Sleeve - cut 2

Fusible interfacing:
1. Collar - cut 1

INSTRUCTIONS:

1. Apply fusible interfacing to collar and center front facings (whole cut with fronts).

2. Sew waist darts on upper backs, press the inner part towards center. Sew upper back to lower back, press towards top and serge.

3. Serge the center back edges separately. Sew center back seam from neckline to first marking, and from second marking down to hem, press the seam apart. Sew in zipper.

4. Sew waist darts on upper front, press the inner part towards center. Sew upper front to lower front, press towards top and serge.

5. Serge inner edges of center facings on yoke (whole cut with yokes). Press center front facings onto right side and sew upper corner to the marked line. Clip into seam allowance near the line, turn the center front facings onto wrong side, press. Make buttonholes on right yoke. Pin right yoke onto left yoke and baste together along lower edge.

6. Sew front yoke to upper front, serge and press towards bottom.

7. Sew shoulder and side seams, press towards the back and serge.

8. Pin collars right sides together and sew corners and collar fall. Start and stop sewing exactly at the marked line of the seam between collar and garment. Turn finished collar right side out, straighten corners and press. Sew outer edge of collar into neckline, matching round mark on collar with back center seam, press seam allowances towards the collar. Turn under the raw inner edge of collar and stitch in the ditch.

9. Sew sleeve seam, serge and press. Sew sleeves into armholes, matching notches. Serge and press.

10. Serge seam allowance along hem of dress and hem of sleeve, press onto wrong side and topstitch.

11. Sew on buttons on left yoke according to button holes.

TECHNICAL DRAWING:

