Dress With Waist Inset - Sewing Pattern #4832



Recommendations on fabric: natural/mixed knit fabric of small stretchiness.

You will also need: dress zipper; fusible interfacing.

Seam allowances: all seams 1 cm. Seam allowance along hem of garment – 2.0 cm.

Note on seam allowances:
- If the pattern has double contour the seam allowances are included. They are 1 cm unless specified otherwise.
- If the pattern has single contour, the seam allowances are NOT included and need to be added when laying out the pattern.

Note on length of fabric:
Attention! The amount of fabric needed for your pattern is not included. It will depend on the selected pattern size, the width, and design of the fabric you plan to use. First, print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm). Measure how much fabric you will need. Don't forget to account for pieces that need to be cut multiple times and pieces that are cut on the fold.

Note on working with stretchy fabric:
Knitted fabric pieces are sewn together with special elastic or narrow zig-zag stitch. Seam allowance on hems can be stitched with twin needles to save stretchiness. Pieces can also be sewn together with a serger. When serging, cut seam allowances to 0.6 – 0.8 cm.

CUTTING:

Note on cutting:
On the pattern pieces, “beam” means straight of grain. Lay out your pieces accordingly. Some pieces will be cut on the fold. This is noted on the pattern piece. Mark all notches and other design features such as pleats etc. from the pattern onto your fabric.
When sewing the garment, pay attention to notches, they must match up.

Main fabric:
1. Upper back – cut 2
2. Lower back - cut 2
3. Lower center front – cut 1 on fold

4. Lower side front – cut 2
5. Upper front – cut 1 on fold
6. Front inset – cut 1
7. Back neck facing - cut 2
8. Front neck facing - cut 1

Fusible interfacing:
1. Back neck facing - cut 2
2. Front neck facing - cut 1

INSTRUCTIONS:

1. Apply fusible interfacing.

2. Sew darts on upper backs, press bulk towards center of pieces.

3. Sew upper back to lower back, press towards top and serge.

4. Serge center back edges separately. Sew center back seam from notch for zipper to bottom, press the seam apart. Sew in zipper.

5. Make and baste pleats on upper front and on lower side front. Fold bulk towards side. Sew princess seam on lower front (sew side lower front to center lower front), press towards center, serge.

6. Sew front inset to upper front, press towards top and serge. Sew lower front to front inset, press towards top and serge.

7. Sew side and shoulder seams, press towards the back and serge.

8. Sew the shoulder seams of the neckline facings, press the seam apart. Serge the outer edge. Pin facing to garment right sides together and sew the neckline. Fold the facing onto wrong side, straighten, press. Slip stitch facing to self garment along shoulder seams and center back seam.

9. Cut or use ready-made bias tape, its width should equal 4 cm and length should equal the length of armhole + 5 cm. Fold bias tape in half lengthwise right side out and press. Pin bias tape onto edge of armhole from the right side and sew. Clip into seam allowances. Fold bias tape onto wrong side and topstitch onto main piece along the fold. Press seam.

10. Serge the lower edge of dress, press onto wrong side and topstitch.

TECHNICAL DRAWING:

