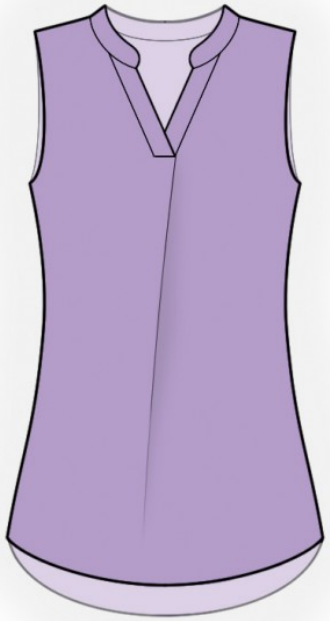
Blouse With Pleat - Sewing Pattern #4830

Recommendations on fabric: natural/mixed fabrics suitable for blouses.



You will also need: fusible interfacing.

Seam allowances: all seams 1 cm. Seam allowance for hem of garment – 1.2 cm.

Note on seam allowances:
- If the pattern has double contour the seam allowances are included. They are 1 cm unless specified otherwise.
- If the pattern has single contour, the seam allowances are NOT included and need to be added when laying out the pattern.

Note on length of fabric:
Attention! The amount of fabric needed for your pattern is not included. It will depend on the selected pattern size, the width, and design of the fabric you plan to use. First, print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm). Measure how much fabric you will need. Don't forget to account for pieces that need to be cut multiple times and pieces that are cut on the fold.

CUTTING:

Note on cutting:
On the pattern pieces, “beam” means straight of grain. Lay out your pieces accordingly. Some pieces will be cut on the fold. This is noted on the pattern piece. Mark all notches and other design features such as pleats etc. from the pattern onto your fabric.
When sewing the garment, pay attention to notches, they must match up.

Main fabric:
1. Back – cut 1 on fold
2. Front - cut 1
3. Placket – cut 2
4. Stand collar – cut 2

Fusible interfacing:
1. Placket – cut 2

2. Stand collar – cut 1

INSTRUCTIONS:

1. Apply fusible interfacing to plackets and outer stand collar.

2. Press plackets in half lengthwise right side out. Sew plackets to front along longer edge, leaving the distance of 1 cm away from hem. Snip into seam allowance on front, leaving 1 mm to the stitch line. Make pleat on front, placing right placket over left placket. Sew together ends of plackets, folding away the front and fixing the lower edge. Serge the seam allowances.

3. Sew shoulder and side seams, press towards the back and serge.

4. Pin together parts of stand collar, right sides together and sew along outer edge, start and stop stitching exactly at the seam line of collar stand. Turn stand collar right side out, press.

5. Sew outer stand collar into neckline, fold inside open edge of internal stand collar and stitch in the ditch.

6. Cut (or take ready) bias tape, its width should equal 4 cm and length should equal the length of armhole + 4 cm. Fold bias tape in half lengthwise right side out and press. Pin bias tape onto armhole edge from the right side, leaving loose ends, and sew. Fold bias tape onto wrong side, clip into seam allowances and topstitch onto main piece along the fold, press.

7. Serge the lower edge of garment, press onto wrong side and topstitch.

TECHNICAL DRAWING:

