Tunic With Box Pleat - Sewing Pattern #4784

Recommendations on fabric: natural/mixed fabric suitable for dresses.



You will also need: fusible interfacing, dress zipper.

Seam allowances: seam allowance for hem of garment – 2 cm, seam allowance along back and front armhole – 1.5 cm, other seams 1 cm.

Note on seam allowances:
- If the pattern has double contour the seam allowances are included. They are 1 cm unless specified otherwise.
- If the pattern has single contour, the seam allowances are NOT included and need to be added when laying out the pattern.

Note on length of fabric:
Attention! The amount of fabric needed for your pattern is not included. It will depend on the selected pattern size, the width, and design of the fabric you plan to use. First, print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm). Measure how much fabric you will need. Don't forget to account for pieces that need to be cut multiple times and pieces that are cut on the fold.

CUTTING:

Note on cutting:
On the pattern pieces, “beam” means straight of grain. Lay out your pieces accordingly. Some pieces will be cut on the fold. This is noted on the pattern piece. Mark all notches and other design features such as pleats etc. from the pattern onto your fabric.
When sewing the garment, pay attention to notches, they must match up.

Main fabric:
1. Front – cut 1 on fold
2. Back – cut 2
3. Pocket bag – cut 4
4. Back neck facing – cut 2
5. Front neck facing – cut 1

Fusible interfacing:

1. Back neck facing – cut 2
2. Front neck facing – cut 1

INSTRUCTIONS:

1. Apply interfacing to facings.

2. Serge the center back edges separately. Sew the center back seam from notch for zipper to bottom, press the seam apart. Sew in zipper.

3. Sew pocket bags to front, serge and press at pocket bags. Sew dart on front, sewing pocket bags at the same time. Serge and press towards center front. Make and sew box pleat from neckline to mark.

4. Sew shoulder seams, press towards the back and serge.

5. Serge seam allowance along armholes, press onto wrong side and topstitch.

6. Sew side seams, press towards the back and serge.

7. Sew shoulder seams of facings, press the seam apart. Serge the outer edge. Pin facings to garment right sides together and sew the neckline. Clip into curves, turn the facings onto the wrong side and press. Slip stitch facings to shoulder seams and zipper tape.

8. Serge lower edge of garment, press onto wrong side and topstitch.

TECHNICAL DRAWING:



