Shirt - Sewing Pattern #4738

Recommendations on fabric: natural/mixed fabrics suitable for blouses.



You will also need: fusible interfacing; 2 buttons.

Seam allowances: all seams 1 cm. Seam allowance for hem of garment – 1.5 cm.

Note on seam allowances:
- If the pattern has double contour the seam allowances are included. They are 1 cm unless specified otherwise.
- If the pattern has single contour, the seam allowances are NOT included and need to be added when laying out the pattern.

Note on length of fabric:
Attention! The amount of fabric needed for your pattern is not included. It will depend on the selected pattern size, the width, and design of the fabric you plan to use. First, print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm). Measure how much fabric you will need. Don't forget to account for pieces that need to be cut multiple times and pieces that are cut on the fold.

CUTTING:

Note on cutting:
On the pattern pieces, “beam” means straight of grain. Lay out your pieces accordingly. Some pieces will be cut on the fold. This is noted on the pattern piece. Mark all notches and other design features such as pleats etc. from the pattern onto your fabric.
When sewing the garment, pay attention to notches, they must match up.

Main fabric:

1. Back yoke – cut 1
2. Back – cut 1 on fold
3. Front - cut 1
4. Placket – cut 2
5. Sleeve - cut 2
6. Stand collar – cut 2

7. Cuff – cut 2

Fusible interfacing:

1. Placket – cut 2
2. Stand collar – cut 1
3. Cuff – cut 2

INSTRUCTIONS:

1. Apply fusible interfacing.

2. Make and baste box pleat on back. Sew yoke to back, press towards top and serge.

3. Sew darts on front, press bulk towards top.

4. Press plackets in half lengthwise right side out. Sew plackets to front along longer edge, leaving the distance of 1 cm away from hem. Snip into seam allowance on front, leaving 1 mm to the stitch line. Thread the ends of plackets inside and sew, fastening the lower edge. Serge the seam allowances.

5. Sew shoulder seams, press towards the back and serge.

6. Pin together parts of stand collar, right sides together and sew along outer edge, start and stop stitching exactly at the seam line of collar stand. Turn stand collar right side out, press.

7. Sew outer stand collar into neckline, fold inside open edge of internal stand collar and stitch in the ditch.

8. Cut slit on sleeve along the marked line. Cut bias tape from main fabric (or take ready), its width should equal 4 cm and length should equal two lengths of slit +4 cm. Fold bias tape in half lengthwise and press. Press outer seam allowances towards center. Sew bias tape to slit of sleeve (pin bias tape to slit edge from the right side and sew, fold bias tape onto wrong side and topstitch onto garment along fold line).

9. Sew sleeves into armholes. Serge the seam allowances. Sew sleeve seam and side seam with one continuous seam. Press seams towards back and serge.

10. Fold cuff in half lengthwise, right sides together and sew short sides. Start stitching exactly at the line which marks the seam between cuff and sleeve. Turn cuff right side out and press. Sew outer side of cuff to lower edge of sleeve. Fold inside inner side of cuff and topstitch into seam of

11. Serge the lower edge of garment, press onto wrong side and topstitch.

12. Make buttonholes on cuffs and sew on buttons.

TECHNICAL DRAWING:

