Blouse With Pleats - Sewing Pattern #4735

Recommendations on fabric: natural/mixed fabrics suitable for blouses.



You will also need: dress zipper, fusible interfacing.

Seam allowances: seam allowance for hem of garment and hem of sleeve – 1.5 cm, other seams 1 cm.

Note on seam allowances:
- If the pattern has double contour the seam allowances are included. They are 1 cm unless specified otherwise.
- If the pattern has single contour, the seam allowances are NOT included and need to be added when laying out the pattern.

Note on length of fabric:
Attention! The amount of fabric needed for your pattern is not included. It will depend on the selected pattern size, the width, and design of the fabric you plan to use. First, print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm). Measure how much fabric you will need. Don't forget to account for pieces that need to be cut multiple times and pieces that are cut on the fold.

CUTTING:

Note on cutting:
On the pattern pieces, “beam” means straight of grain. Lay out your pieces accordingly. Some pieces will be cut on the fold. This is noted on the pattern piece. Mark all notches and other design features such as pleats etc. from the pattern onto your fabric.
When sewing the garment, pay attention to notches, they must match up.

Main fabric:

1. Center back – cut 2
2. Side back – cut 2
3. Right front – cut 1
4. Left front – cut 1
5. Center front – cut 1
6. Center pleat – cut 1

7. Sleeve – cut 2
8. Back neck facing – cut 2
9. Front neck facing - cut 1

Fusible interfacing:

1. Back neck facing – cut 2
2. Front neck facing cut 1

INSTRUCTIONS:

1. Apply fusible interfacing.

2. Sew side backs to center back, press towards center and serge. Serge separately center edge of back. Sew center back seam from notch for zipper to bottom. Sew in zipper.

3. Sew right front to center part, press towards side and serge. Sew center pleat to center front, serge and press. Sew dart on left front, press towards side seam and serge. Sew left front to center part, press towards side seam and serge. Sew short fixing stitches on sides of pleats at 2-3 cm from top of pleats.

4. Sew shoulder and side seams. Press seams towards back and serge.

5. Sew the shoulder seams of the neckline facings, press the seam apart. Serge the outer edge. Pin facing to garment right sides together and sew the neckline. Clip seam allowances, fold facing onto wrong side and press. Topstitch seam allowances onto facing at 0.2 cm from seam. Slip stitch ends of facings to zipper tape.

6. Serge lower edge of sleeve. Fold inside the seam allowance and topstitch. Sew sleeves into armholes. Serge the seam allowances.

7. Cut (or take ready) bias tape, its width should equal 4 cm and length should equal the length of lower armhole + 6 cm. Fold bias tape in half lengthwise right side out and press. Pin bias tape onto armhole edge from the right side, leaving loose ends, and sew. Fold bias tape onto wrong side, clip into seam allowances and topstitch onto main piece along the fold. Press seam.

8. Serge the lower edge of garment, press onto wrong side and topstitch.

TECHNICAL DRAWING:

