

Dress With Pleats - Sewing Pattern #4451

Recommendations on fabric: well draping natural/mixed fabric suitable for dresses.

You will also need: dress zipper, fusible interfacing.

Seam allowances: all seams 1 cm; seam allowance for hem of dress – 2 cm; seam allowance for hem of sleeve — 1.5 cm.

Note on seam allowances:

- If the pattern has double contour the seam allowances are included. They are 1 cm unless specified otherwise.
- If the pattern has single contour, the seam allowances are NOT included and need to be added when laying out the pattern.

Note on length of fabric:

Attention! The amount of fabric needed for your pattern is not included. It will depend on the selected pattern size, the width, and design of the fabric you plan to use. First, print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm). Measure how much fabric you will need. Don't forget to account for pieces that need to be cut multiple times and pieces that are cut on the fold.



CUTTING:

Note on cutting:

On the pattern pieces, “beam” means straight of grain. Lay out your pieces accordingly. Some pieces will be cut on the fold. This is noted on the pattern piece. Mark all notches and other design features such as pleats etc. from the pattern onto your fabric.

When sewing the garment, pay attention to notches, they must match up.

Main fabric:

1. Upper back - cut 2
2. Front inset — cut 2
3. Lower back - cut 1 on fold
4. Center upper front – cut 4
5. Upper side front — cut 2

6. Lower front — cut 1 on fold
7. Inset front – cut 1
8. Sleeve - cut 2

INSTRUCTIONS:

1. Make and baste pleats on lower fronts and on lower backs.
2. Sew darts on back. Press bulk towards center. Sew center back seam. Serge seam and press towards left. Sew center seam on insets. Serge, press towards left. Sew center part to upper part. Serge and press towards inset. Sew lower part. Serge and press towards inset.
3. Cut or use ready-made bias tape, its width should equal 4 cm and length should equal the length of back neckline + 5 cm. Fold bias tape in half lengthwise right side out and press. Pin bias tape to neckline from the right side and sew. Clip into seam allowances. Fold bias tape onto wrong side and topstitch onto main piece along seam. Press seam.
4. Pin center fronts together by two and sew neckline. Fold away inner part and press.
5. Sew shoulder seam, inserting seam allowance of back between front pieces. Serge and press towards back. Sew side front to front (center pieces are treated as one piece). Sew front inset to garment. Serge and press towards inset. Sew lower front. Serge and press towards top.
6. Sew right side edge, press seams towards back and serge. Serge separately left side seam allowances. Sew left side edge from seam of upper fronts to bottom. Press seam apart. Sew in zipper.
7. Serge lower edge of sleeve. Fold seam allowance inside and topstitch. Sew sleeves into armholes. Serge. Serge lower part of the armhole. Fold seam allowance inside and topstitch.
8. Serge lower edge of dress, press onto wrong side and topstitch.

TECHNICAL DRAWING:

