

Dress With Contrasting Inset - Sewing Pattern #4447

Recommendations on fabric: natural/mixed fabrics with elastane suitable for dresses; contrasting fabric or companion fabric.

You will also need: dress zipper, fusible interfacing, 1 button.

Seam allowances: all seams 1 cm; seam allowance for hem of sleeve – 2.0 cm; seam allowance for hem of dress – 3.0 cm.

Note on seam allowances:

- If the pattern has double contour the seam allowances are included. They are 1 cm unless specified otherwise.
- If the pattern has single contour, the seam allowances are NOT included and need to be added when laying out the pattern.

Note on length of fabric:

Attention! The amount of fabric needed for your pattern is not included. It will depend on the selected pattern size, the width, and design of the fabric you plan to use. First, print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm). Measure how much fabric you will need. Don't forget to account for pieces that need to be cut multiple times and pieces that are cut on the fold.

Note on working with stretchy fabric:

Knitted fabric pieces are sewn together with special elastic or narrow zig-zag stitch. Seam allowance on hems can be stitched with twin needles to save stretchiness. Pieces can also be sewn together with a serger. When serging, cut seam allowances to 0.6 – 0.8 cm.



CUTTING:

Note on cutting:

On the pattern pieces, "beam" means straight of grain. Lay out your pieces accordingly. Some pieces will be cut on the fold. This is noted on the pattern piece. Mark all notches and other design features such as pleats etc. from the pattern onto your fabric.

When sewing the garment, pay attention to notches, they must match up.

Main fabric 1:

1. Back - cut 2

2. Front - cut 1
3. Back sleeve — cut 2
4. Front sleeve — cut 2

Main fabric 2:

1. Back yoke - cut 2
2. Front yoke - cut 1
3. Sleeve inset – cut 2
4. Front neck facing – cut 1
5. Back neck facing – cut 2

Fusible interfacing:

1. Front neck facing – cut 1
2. Back neck facing – cut 2

INSTRUCTIONS:

1. Apply interfacing to facings.
2. Sew darts on back and front. Press waist darts towards center, press bust darts towards top.
3. Sew back yoke to yoke, press towards top, serge.
4. Apply fusible interfacing to vent area on backs from the wrong side. Serge center edges separately on each piece. Mark center seam line (vent fold-line) from the right side. Sew center back seam from notch to vent corner. Clip into seam allowance of vent in corner. Press apart center seam, press vent towards left. Press right side of vent at 1 cm onto wrong side and topstitch. Topstitch seam allowances of vent onto main piece using machine stitch.
5. Apply fusible interfacing to vent area on fronts from the wrong side. Serge center edges separately on each piece. Mark center seam line (vent fold-line) from the right side. Sew front yoke to left front, press seam allowances towards yoke and serge. Sew right front to inset and to left front up to vent corner. Clip into seam allowance of vent in corner. Press apart center seam, press vent towards left. Press right side of vent at 1 cm onto wrong side and topstitch. Topstitch seam allowances of vent onto main piece using machine stitch.
6. Sew shoulder seams, press seams towards back and serge.
7. Sew right side seam, press seams towards back and serge. Left side edges serge separately, sew from armhole to first notch and from second notch to bottom, press apart. Sew in zipper.
8. Cut (or take ready) bias tape, its width should equal 3 cm and its length should equal 7 cm. Fold tape in half lengthwise and sew a stitch at 0.3 from fold. Trim seam allowances and turn the piece right side out. Adjust length of the loop.

9. Sew center seam of back neckline facings from notch to bottom, press seam apart. Sew shoulder seams of facings, press seam apart. Serge outer edge. Pin facing to dress right sides together, adjusting neckline edges. Sew the neckline and slit on back, inserting the loop. Clip into curves, turn the pieces right side out and press. Slip stitch facing to shoulder seams. Sew on button.
10. Sew sleeve inset to back piece. Press seam allowances towards inset, serge. Sew front sleeve to inset and to back sleeve. Press seam allowances towards inset, serge. Sew sleeve seam, serge and press. Sew sleeves into armholes matching notches and adjusting ease. Serge and press. Serge lower edge of sleeve, press onto wrong side and topstitch.
11. Serge bottom edge of dress, press onto wrong side and topstitch or hem as desired.

TECHNICAL DRAWING:

