Dress With Decorative Pleat - Sewing Pattern #4430

Recommendations on fabric: natural/mixed fabric suitable for dresses; contrasting fabric for decoration.

You will also need: fusible interfacing, 2 buttons.

Seam allowances: all seams 1 cm; seam allowance for hem of dress – 3.0 cm.



Note on seam allowances:
- If the pattern has double contour the seam allowances are included. They are 1 cm unless specified otherwise.
- If the pattern has single contour, the seam allowances are NOT included and need to be added when laying out the pattern.

Note on length of fabric:
Attention! The amount of fabric needed for your pattern is not included. It will depend on the selected pattern size, the width, and design of the fabric you plan to use. First, print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm). Measure how much fabric you will need. Don't forget to account for pieces that need to be cut multiple times and pieces that are cut on the fold.

CUTTING:

Note on cutting:
On the pattern pieces, “beam” means straight of grain. Lay out your pieces accordingly. Some pieces will be cut on the fold. This is noted on the pattern piece. Mark all notches and other design features such as pleats etc. from the pattern onto your fabric.
When sewing the garment, pay attention to notches, they must match up.

Main fabric:
1. Back - cut 1 on fold
2. Front - cut 2
3. Sleeve — cut 2
4. Decorative Tab — cut 1
5. Front neck facing — cut 1
6. Back neck facing – cut 1

Decorative fabric:
1. Front inset - cut 1
2. Cuff — cut 2

Fusible interfacing: back neck facing, front neck facing.

INSTRUCTIONS:

1. Apply interfacing to facings.

2. Sew waist and shoulder darts on back. Press the bulk towards the center. Sew front darts on front, press bulk towards top.

3. Serge the lower edge of the front inset, press onto wrong side and finish with hidden stitches. Sew front inset to garment to front, press towards front and serge. Pin fronts right sides together, match centers, fold inset away, and sew from neck to notch. Press open the resulting pleat and baste together along neckline.

4. Sew side and shoulder seams, press towards the back and serge.

5. Sew the shoulder seams of the neckline facings, serge the outer edge. Pin facing to dress right sides together, adjusting neckline edges, and sew. Clip into curves, turn the facing onto the wrong side and press. Slip stitch facing to shoulder seams.

6. Sew cuff into a ring, press the seam apart. Fold cuff in half lengthwise right side out and press. Sew sleeve seam, serge and press. Sew the cuff to the sleeve, having pinned it onto sleeve right sides together, serge and press. Fold the one-piece sleeve facing onto wrong side and topstitch onto sleeve into seam of cuff.

7. Sew sleeves into armholes, matching notches. Serge and press.

8. Serge the lower edge of dress, sew corners of front. Press seam allowance of the lower edge of garment onto wrong side and finish with hidden stitches. Topstitch the one-piece facing onto front into seam of inset.

9. Fold decorative tab in half lengthwise right sides together and sew, leaving an opening for turning. Trim seam allowances in corners, turn right side out, press. Pin decorative tab onto dress and attach it with buttons.

TECHNICAL DRAWING:

