Sleeveless Dress - Sewing Pattern #4429

Recommendations on fabric: natural/mixed fabrics with elastane suitable for dresses.



You will also need: fusible interfacing; dress zipper.

Seam allowances: all seams 1 cm; seam allowance for hem of dress – 2 cm.

Note on seam allowances:
- If the pattern has double contour the seam allowances are included. They are 1 cm unless specified otherwise.
- If the pattern has single contour, the seam allowances are NOT included and need to be added when laying out the pattern.

Note on length of fabric:
Attention! The amount of fabric needed for your pattern is not included. It will depend on the selected pattern size, the width, and design of the fabric you plan to use. First, print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm). Measure how much fabric you will need. Don't forget to account for pieces that need to be cut multiple times and pieces that are cut on the fold.

Note on working with stretchy fabric:
Knitted fabric pieces are sewn together with special elastic or narrow zig-zag stitch. Seam allowance on hems can be stitched with twin needles to save stretchiness. Pieces can also be sewn together with a serger. When serging, cut seam allowances to 0.6 – 0.8 cm.

CUTTING:

Note on cutting:
On the pattern pieces, “beam” means straight of grain. Lay out your pieces accordingly. Some pieces will be cut on the fold. This is noted on the pattern piece. Mark all notches and other design features such as pleats etc. from the pattern onto your fabric.
When sewing the garment, pay attention to notches, they must match up.

Main fabric:
1. Center back - cut 2
2. Side back - cut 2
3. Center front – cut 1

4. Right side front - cut 1
5. Left side front — cut 1
6. Front yoke - cut 2
7. Back yoke - cut 2
8. Lower front 1 - cut 1
9. Lower front 2 — cut 1
10. Front neck facing — cut 1

INSTRUCTIONS:

1. Sew side backs to center back. Sew side fronts to center front. Serge the seam allowances and press towards center. Sew a decorative stitchline at 0.5 cm. from seam.

2. Serge the center edge and the upper edge of back separately on each piece. Sew center back seam from notch for zipper to bottom. Seam Allowances шва press apart, pressing the slit at the same time. Sew in zipper. Fold away the upper seam allowances of the central parts onto wrong side and topstitch at 0.4 cm from the edge. Sew back yoke to back. Press seam allowance towards top.

3. Serge the lower edge of the front neckline facing. Sew the upper edge of Central front, fold facing onto wrong side and topstitch at 0.5 cm. from the edge. Sew yoke to front. Press seam allowance towards top.

4. Sew lower fronts together. Serge, press towards the smaller piece and topstitch at 0.5 cm. from seam. Sew right side edge. Serge and press towards back. Serge the lower edge of front and the lower edge of back at the same time. Serge lower edge of lower fronts. Fold inside the seam allowance and topstitch. Fold inside the seam allowance of front and press. Pin the lower part under the seam allowance of front and topstitch from the left side seam to the right side seam, continue stitching on the back. Sew the left side edge. Serge and press towards back.

5. Sew shoulder seams. Serge seams and press towards back.

6. Sew shoulder and side seams of inside yokes. Press the seam apart. Serge the lower edges of yokes. Pin together outer and inner yokes right sides together and sew neckline. Fold away the inner yokes onto wrong side and press neckline. Clip seam allowances of inside yokes near the straight mark. Sew armhole in two steps: first sew the front armhole, then sew the back armhole. Sew the opening on the front yoke and the back yoke. Sew decorative stitch along lower edge of yokes at 0.5 cm from seam, attaching the front yokes in this way. Sew lower edge of inner yokes into seam of outer yokes.

TECHNICAL DRAWING:



