Blouse With Decorative Front - Sewing Pattern #4418

Recommendations on fabric: natural/mixed two-side fabric with elastane suitable for dresses.



You will also need: dress zipper; lining.

Seam allowances: all seam allowances 1 cm. Seam allowance for hem of dress – 1.2 cm.

Note on seam allowances:
- If the pattern has double contour the seam allowances are included. They are 1 cm unless specified otherwise.
- If the pattern has single contour, the seam allowances are NOT included and need to be added when laying out the pattern.

Note on length of fabric:
Attention! The amount of fabric needed for your pattern is not included. It will depend on the selected pattern size, the width, and design of the fabric you plan to use. First, print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm). Measure how much fabric you will need. Don't forget to account for pieces that need to be cut multiple times and pieces that are cut on the fold.

Note on working with stretchy fabric:
Knitted fabric pieces are sewn together with special elastic or narrow zig-zag stitch. Seam allowance on hems can be stitched with twin needles to save stretchiness. Pieces can also be sewn together with a serger. When serging, cut seam allowances to 0.6 – 0.8 cm.

CUTTING:

Note on cutting:
On the pattern pieces, “beam” means straight of grain. Lay out your pieces accordingly. Some pieces will be cut on the fold. This is noted on the pattern piece. Mark all notches and other design features such as pleats etc. from the pattern onto your fabric.
When sewing the garment, pay attention to notches, they must match up.

Main fabric:
1. Center upper back - cut 2
2. Side upper back - cut 2
3. Back yoke #1 - cut 2

4. Back yoke #2 - cut 2
5. Back inset #1 - cut 2
6. Back inset #2 - cut 2
7. Center lower back - cut 2
8. Side lower back - cut 2
9. Front yoke #1 - cut 2
10. Front yoke #2 - cut 2
11. Side right upper front #1 - cut 1
12. Side right upper front #2 - cut 1
13. Center upper front - cut 1
14. Side left upper front #1 - cut 1
15. Side left upper front #2 - cut 1
16. Front inset #1 - cut 1
17. Front inset #2 - cut 1
18. Side right lower front - cut 1
19. Side left lower front - cut 1
20. Center lower front – cut 1
21. Lower front – cut 1
22. Fly piece – cut 1

Lining:
1. Center upper back - cut 2
2. Side upper back - cut 2
3. Center upper back - cut 1
4. Side right upper back - cut 1
5. Side left upper back - cut 1

INSTRUCTIONS:

1. Sew together back inset #1 and back inset #2, press towards top and serge. Sew together front inset #1 and front inset #2, press towards top and serge.

2. Sew upper center back to upper side back, press towards center. Sew back inset to upper back, press seam allowances towards inset, serge.

3. Sew lower center back to side center back, press towards center, serge. Sew back inset to lower back, press seam allowances towards inset, serge.

4. Serge center back edges separately. Sew center back seam from zipper marker down to hem. Press the seam apart, pressing the slit for zipper at the same time. Sew in zipper.

5. Sew side upper left front #1 and side upper right front #1 to center front, press from center. Sew side upper right front #2 to side upper front #1, press towards center.

6. Sew front yoke #1 to front yoke #2, press the seam apart. Sew front yoke to upper right side front, press from center. Sew front inset to upper front, stop stitching exactly at the marked line for princess seam, press seam allowances towards inset, clip near notch, serge.

7. Clip fly piece near upper notch. Serge part of upper edge from notch to straight edge, serge straight edge and lower edge, press onto wrong side and topstitch. Pin fly piece onto lower front, make pleats as desired and fix together along upper and side edges.

8. Sew right side lower front to center front, press towards center, serge. Sew lower front to front inset, stop stitching exactly at the marked line for princess seam, press seam allowances towards inset, clip near notch, serge.

9. Sew front yoke to upper left side front #2, press from center. Sew side left upper front to side left lower front, press towards top, serge. Sew left front to front, folding away fly piece and unsewn part of front inset, press towards center, serge.

10. Serge and press towards back all unsewn edges on front inset. Turn front inset around fly piece according to technical drawing and baste.

11. Sew shoulder seams, press the seam apart. Sew side seams, press the seam apart.

12. Sew princess seams, side edges and shoulder edges on lining. Press the seam apart. Serge lower edge and center back edges. Put together dress and lining, right sides together, adjusting necklines. Fold lining at 5 mm from zipper and pin to upper edge. Turn seam allowances long zipper onto right side and pin to neckline edge on top of lining. Sew neckline edge. Clip into curves, turn right side out and press. Topstitch seam allowances onto lining. Slipstitch lining to zipper tape.

13. Sew armholes in two steps: first sew front armhole and then sew back armhole, clip into curves, turn lining to wrong side. Fix lining to seam between upper and lower parts of dress.

14. Serge bottom edge of garment, press onto wrong side and topstitch.

TECHNICAL DRAWING:



