Dress With Belt - Sewing Pattern #44132

Recommendations on fabric: natural/mixed knit fabric of medium stretchiness.



Seam allowances: all seam allowances 0.7 cm. Seam allowance for hem of garment - 2 cm.

Note on seam allowances:
- If the pattern has double contour the seam allowances are included. They are 1 cm unless specified otherwise.
- If the pattern has single contour, the seam allowances are NOT included and need to be added when laying out the pattern.

Note on length of fabric:
Attention! The amount of fabric needed for your pattern is not included. It will depend on the selected pattern size, the width, and design of the fabric you plan to use. First, print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm). Measure how much fabric you will need. Don't forget to account for pieces that need to be cut multiple times and pieces that are cut on the fold.

Note on working with stretchy fabric:
Knitted fabric pieces are sewn together with special elastic or narrow zig-zag stitch. Seam allowance on hems can be stitched with twin needles to save stretchiness. Pieces can also be sewn together with a serger. When serging, cut seam allowances to 0.6 – 0.8 cm.

CUTTING:

Note on cutting:
On the pattern pieces, “beam” means straight of grain. Lay out your pieces accordingly. Some pieces will be cut on the fold. This is noted on the pattern piece. Mark all notches and other design features such as pleats etc. from the pattern onto your fabric.
When sewing the garment, pay attention to notches, they must match up.

Main fabric:
1. Upper back – cut 2
2. Lower back – cut 2
3. Upper front – cut 1
4. Lower front – cut 1
5. Belt – cut 1

6. Sleeve – cut 2
7. Cuff – cut 2
8. Pocket bag - cut 2
9. Side - cut 2

INSTRUCTIONS:

1. Sew darts on back, trim bulk with serger. Sew upper back to lower back. Serge the seam allowances. Sew center back seam. Press towards left and serge.

2. Make and baste pleats on upper fronts (fold bulk towards armholes).

3. Pin pocket bag onto lower front and sew pocket opening. Fold pocket bag onto wrong side and press. Pin lower front onto side and sew pocket bag edge. Serge the seam allowances. Sew upper front to lower front. Serge and press towards bottom.

4. Sew right shoulder seam. Serge seams and press towards back. Cut or use ready-made bias tape, its width should equal 4 cm and length should equal the length of neckline + 5 cm. Fold bias tape in half lengthwise right side out and press. Pin bias tape to neckline from the right side and sew. Clip into seam allowances. Fold bias tape onto wrong side and topstitch onto main piece along the fold. Press. Sew left shoulder seam and serge.

5. Sew side seams. Serge seams and press towards back.

6. Sew sleeve seam. Serge and press. Sew sleeves into armholes matching notches and adjusting ease on sleeve cap. Serge and press. Sew a gathering stitch on sleeve lower edge and gather fullness.

7. Sew cuff into a ring. Turn right side out. Fold cuff in half lengthwise. Put cuff inside of sleeve, pin and sew cuff to lower edge of sleeve. Serge the seam allowances.

8. Serge bottom edge of garment. press onto wrong side and topstitch.

9. Fold belt in half lengthwise and sew around all edges, leaving an opening along one long side for turning. Trim away corners, turn right side out. Sew the opening closed. Pin belt onto front, matching centers and sew to side seams. Lower edge of belt covers the seam between lower and upper parts by 1 cm.

TECHNICAL DRAWING:

