Dress With Pleat On Front - Sewing Pattern #4410

Recommendations on fabric: natural/mixed fabrics with elastane suitable for dresses.



You will also need: fusible interfacing; dress zipper, 8 buttons, hook and eye.

Seam allowances: all seam allowances 1 cm, seam allowance for hem of dress - 3 cm.

Note on seam allowances:
- If the pattern has double contour the seam allowances are included. They are 1 cm unless specified otherwise.
- If the pattern has single contour, the seam allowances are NOT included and need to be added when laying out the pattern.

Note on length of fabric:
Attention! The amount of fabric needed for your pattern is not included. It will depend on the selected pattern size, the width, and design of the fabric you plan to use. First, print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm). Measure how much fabric you will need. Don't forget to account for pieces that need to be cut multiple times and pieces that are cut on the fold.

Note on working with stretchy fabric:
Knitted fabric pieces are sewn together with special elastic or narrow zig-zag stitch. Seam allowance on hems can be stitched with twin needles to save stretchiness. Pieces can also be sewn together with a serger. When serging, cut seam allowances to 0.6 – 0.8 cm.

CUTTING:

Note on cutting:
On the pattern pieces, “beam” means straight of grain. Lay out your pieces accordingly. Some pieces will be cut on the fold. This is noted on the pattern piece. Mark all notches and other design features such as pleats etc. from the pattern onto your fabric.
When sewing the garment, pay attention to notches, they must match up.

Main fabric:
1. Center back – cut 2
2. Side back – cut 2

3. Side front – cut 2
4. Center front – cut 1
5. Flap – cut 4
6. Stand collar – cut 2
7. Collar – cut 4
8. Sleeve – cut 2
9. Cuff – cut 4

Fusible interfacing:
1. Flap – cut 2
2. Stand collar – cut 1
3. Collar – cut 2
4. Cuff – cut 2

INSTRUCTIONS:

1. Apply fusible interfacing.

2. Sew side backs to center back, press towards center and serge. Serge center back edges separately. Sew center back seam from zipper marker down to hem, press the seam apart. Sew in zipper.

3. Make and baste box pleat on front, topstitch internal and outer fold lines at 0.1 mm from the edge. Sew side fronts to front, press towards center and serge.

4. Sew shoulder and side seams on backs and fronts. Press seams towards back and serge.

5. Pin upper collar to lower collar, right sides together. Sew center edge, ends of collar and collar outer edge. Clip into curves. Turn right side out, straighten and press. Pin stand collars together, right sides together, put ready collar between them, adjust notches and sew, sewing ends of stand collar at the same time. Start and stop sewing exactly at the marked line of seam between stand collar and garment. Turn right side out and press.

6. Sew outer stand collar with collar into neckline, fold inside open edge of internal stand collar and stitch in the ditch. Turn ends of collar under pleat and slipstitch. Sew hook on one side and eye on the other side onto seam between collar and stand collar.

7. Pin together flaps right sides together and sew outer edges. Clip into curves, turn right side out. Straighten and press. Serge upper edge.

8. Pin flap onto side front (rounded edge is turned upwards) and sew. Fold flap down and topstitch at 0.7 cm from seam.

9. Sew sleeve seam. Serge and press. Sew sleeves into armholes matching notches and adjusting ease on

sleeve cap. Serge and press.

10. Pin together cuffs right sides together and sew outer edges. Turn right side out, straighten, press. Put cuff inside of sleeve, pin and sew cuff to lower edge of sleeve. Serge the seam allowances. Turn cuff right side out.

11. Serge bottom edge of garment, press seam allowances onto wrong side and topstitch.

12. Sew buttons on flaps and cuffs through all layers of fabric to the garment.

TECHNICAL DRAWING:

