Dress - Sewing Pattern #4409

Recommendations on fabric: natural/mixed fabric suitable for dresses.
You will also need: dress zipper, lining.



Seam allowances: all seam allowances 1 cm; seam allowance for hem of dress – 2 cm, seam allowance for hem of sleeve — 1.5 cm.

Note on seam allowances:
- If the pattern has double contour the seam allowances are included. They are 1 cm unless specified otherwise.
- If the pattern has single contour, the seam allowances are NOT included and need to be added when laying out the pattern.

Note on length of fabric:
Attention! The amount of fabric needed for your pattern is not included. It will depend on the selected pattern size, the width, and design of the fabric you plan to use. First, print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm). Measure how much fabric you will need. Don't forget to account for pieces that need to be cut multiple times and pieces that are cut on the fold.

CUTTING:

Note on cutting:
On the pattern pieces, “beam” means straight of grain. Lay out your pieces accordingly. Some pieces will be cut on the fold. This is noted on the pattern piece. Mark all notches and other design features such as pleats etc. from the pattern onto your fabric.
When sewing the garment, pay attention to notches, they must match up.

Main fabric:
1. Upper center back - cut 2
2. Lower center back - cut 2
3. Upper side back – cut 2
4. Lower side back – cut 2
5. Upper front - cut 1
6. Lower front - cut 1
7. Upper side front - cut 2

8. Sleeve — cut 2
9. Front decoration — cut 2
10. Strap — cut 1
11. Back neck facing - cut 2
12. Front neck facing — cut 1

Fusible interfacing:
1. Front neck facing — cut 1
2. Back neck facing - cut 2.

INSTRUCTIONS:

1. Apply fusible interfacing.

2. Put together front decorations right sides together and sew around all edges, leaving lower edge unsewn. Trim away corners, clip into curves, turn right side out and press.

3. Serge long sides of strap, press seam allowances onto wrong side and topstitch.

4. Sew darts on upper back and press bulk towards center. Sew upper side backs to upper center back. Sew lower side backs to lower center back. Serge seams and press towards center. Sew upper back to lower back. Serge and press towards bottom. Serge center back edges separately. Sew center back seam from zipper marker down to hem, press the seam apart. Sew in zipper.

5. Sew side fronts to front. Serge seams and press towards center. Pin front decoration onto upper front and match lower edges. Sew upper front to lower front. Serge and press towards bottom.

6. Sew shoulder and side seams on backs and fronts. Serge seams and press towards back.

7. Serge bottom edge of sleeve, turn inside and topstitch. Sew sleeves into armholes matching notches and adjusting ease. Serge the seam allowances. Cut or use ready-made bias tape, its width should equal 4 cm and length should equal the length of lower armhole + 5 cm. Fold bias tape in half lengthwise right side out and press. Pin bias tape to armhole edge from the right side and sew. Clip into seam allowances. Fold bias tape onto wrong side and topstitch onto main piece along the fold. Press.

8. Sew shoulder seams of facings. Press the seam apart. Serge outer edge of facings. Pin facing on garment, right sides together and sew the neckline. Clip into curves, turn facing under and straighten and press. Fold seam allowances along closure onto wrong side and sew by hand to the zipper tape

9. Match horizontal notches on front and decoration. Pin strap onto front, right sides together, the short seam allowance facing neckline and topstitch. Make pleats as desired, wrap strap over neckline and baste edge of strap to wrong side of garment.

10. Serge bottom edge of dress, press onto wrong side and topstitch. Pin top of front decoration to front, matching notches, and sew by hand.

TECHNICAL DRAWING:

