Knit Dress - Sewing Pattern #4408



Recommendations on fabric: natural/mixed knit fabric of medium stretchiness; contrasting natural/mixed fabric suitable for dresses.

You will also need: fusible interfacing.

Note on seam allowances:
- If the pattern has double contour the seam allowances are included. They are 1 cm unless specified otherwise.
- If the pattern has single contour, the seam allowances are NOT included and need to be added when laying out the pattern.

Note on length of fabric:
Attention! The amount of fabric needed for your pattern is not included. It will depend on the selected pattern size, the width, and design of the fabric you plan to use. First, print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm). Measure how much fabric you will need. Don't forget to account for pieces that need to be cut multiple times and pieces that are cut on the fold.

Note on working with stretchy fabric:
Knitted fabric pieces are sewn together with special elastic or narrow zig-zag stitch. Seam allowance on hems can be stitched with twin needles to save stretchiness. Pieces can also be sewn together with a serger. When serging, cut seam allowances to 0.6 – 0.8 cm.

CUTTING:

Note on cutting:
On the pattern pieces, “beam” means straight of grain. Lay out your pieces accordingly. Some pieces will be cut on the fold. This is noted on the pattern piece. Mark all notches and other design features such as pleats etc. from the pattern onto your fabric.
When sewing the garment, pay attention to notches, they must match up.

Knit fabric:
1. Back – cut 2
2. Front – cut 1 on fold
2. Sleeve – cut 2

Dress fabric:
1. Collar – cut 2
2. Lapel – cut 4
3. Cuff – cut 2

Fusible interfacing:
1. Collar – cut 1
2. Lapel – cut 2
3. Cuff – cut 2

INSTRUCTIONS:

1. Apply fusible interfacing.

2. Sew center back seam, press towards left and serge.

3. Sew front darts, trim bulk with serger.

4. Sew shoulder seams. Serge seams and press towards back.

5. Pin collar, right sides together, and sew ends and outer edge. Clip into seam allowances near notches, turn collar right side out, press. Pin lapels, right sides together, insert collar between them and sew the corner between the collar and lapels and on outer edge. Turn lapel right side out, straighten, press.

6. Sew collar and lapels into neckline, serge. Topstitch seam allowances onto garment with seam 0.5 cm.

7. Sew sleeves into armholes matching notches and adjusting ease. Serge and press.

8. Sew side seams and sleeve seams. Serge seams and press towards back.

9. Fold cuff in half lengthwise, right sides together and sew short sides. Turn cuff right side out, straighten, press.

10. Pin short sides of cuff one onto another, matching notches. Sew cuff to lower edge of sleeve, press seam allowances towards sleeve, serge. Topstitch seam allowances onto garment with seam 0.5 cm.

11. Serge bottom edge of dress, press onto wrong side and topstitch.

TECHNICAL DRAWING:

