Dress With Pleats - Sewing Pattern #4404



Recommendations on fabric: well draping natural/mixed fabric suitable for dresses.

You will also need: dress zipper, fusible interfacing.

Seam allowances: all seam allowances 1 cm; seam allowance for hem of dress – 2 cm.

Note on seam allowances:
- If the pattern has double contour the seam allowances are included. They are 1 cm unless specified otherwise.
- If the pattern has single contour, the seam allowances are NOT included and need to be added when laying out the pattern.

Note on length of fabric:
Attention! The amount of fabric needed for your pattern is not included. It will depend on the selected pattern size, the width, and design of the fabric you plan to use. First, print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm). Measure how much fabric you will need. Don't forget to account for pieces that need to be cut multiple times and pieces that are cut on the fold.

CUTTING:

Note on cutting:
On the pattern pieces, “beam” means straight of grain. Lay out your pieces accordingly. Some pieces will be cut on the fold. This is noted on the pattern piece. Mark all notches and other design features such as pleats etc. from the pattern onto your fabric.
When sewing the garment, pay attention to notches, they must match up.

Main fabric:
1. Back - cut 2
2. Upper front — cut 1
3. Lower front - cut 1
4. Back neck facing – cut 2
5. Front neck facing – cut 1
6. Front decoration — cut 1
7. Strap — cut 1

Fusible interfacing:
1. Back neck facing – cut 2
2. Front neck facing – cut 1

INSTRUCTIONS:

1. Apply interfacing to facings.

2. Sew darts on back, cut away the bulk of the dart leaving 1 cm. Press bulk towards center.

3. Serge center back edges separately. Sew center back seam from zipper marker down to hem, press the seam apart. Sew in zipper.

4. Fold strap along the marked line, right sides together and sew two edges. Turn right side out and press.

5. Sew darts on upper fronts, cut away the bulk of the dart leaving 1 cm. Press bulk towards center.

6. Make and baste pleats on lower fronts. If needed clip into part between pleats and left part. Baste pleats together. Serge seam allowances of pleats and left part. Serge lower, center, and upper seam allowances of decorative piece. Turn upper seam allowance inside and press. Pin the piece onto front, with right side facing, up to the marked line. Insert strap between decorative piece and front, in such a way that it will cover seam allowances of decorative piece and pleats when turned upwards. Topstitch decorative piece and strap.
Fold the pieces just sewn upwards and align upper edge of strap with upper edge of lower front. Sew upper front to lower front. Serge seams and press towards top. Make pleats as desired on decorative piece and align them with side seam. Slipstitch internal edge of the piece to seam allowances of pleats.

7. Sew shoulder and side seams on backs and fronts, serge seams and press towards back.

8. Cut or use ready-made bias tape, its width should equal 4 cm and length should equal the length of armhole + 5 cm. Fold bias tape in half lengthwise right side out and press. Pin bias tape to armhole edge from the right side and sew. Clip into curves. Fold bias tape onto wrong side and topstitch onto main piece along the fold. Press.

9. Sew shoulder and side seams of facings. Press the seam apart. Serge center edges and outer edge of facing. Pin facing on garment, right sides together and sew the neckline. Clip into curves. Turn facing under and straighten, press. Sew armholes in two steps: first sew front armhole and then sew back armhole. Clip into curves, turn right side out, press. Baste facing to garment along seam allowance on side edges. Slipstitch facing to zipper tape.

10. Serge bottom edge of dress, press onto wrong side and topstitch.

TECHNICAL DRAWING:



