

Dress With Waist Pleat - Sewing Pattern #2772

Recommendations on fabric: natural/mixed fabric suitable for dresses.

You will also need: fusible interfacing; 11 buttons.

Seam allowances: all seam allowances - 1.0 cm, seam allowance along hem of garment - 3 cm.

Note on seam allowances:

- If the pattern has double contour the seam allowances are included. They are 1 cm unless specified otherwise.
- If the pattern has single contour, the seam allowances are NOT included and need to be added when laying out the pattern.

Note on length of fabric:

Attention! The amount of fabric needed for your pattern is not included. It will depend on the selected pattern size, the width, and design of the fabric you plan to use. First, print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm). Measure how much fabric you will need. Don't forget to account for pieces that need to be cut multiple times and pieces that are cut on the fold.



CUTTING:

Note on cutting:

On the pattern pieces, "beam" means straight of grain. Lay out your pieces accordingly. Some pieces will be cut on the fold. This is noted on the pattern piece. Mark all notches and other design features such as pleats etc. from the pattern onto your fabric.

When sewing the garment, pay attention to notches, they must match up.

Main fabric:

1. Upper back - cut 1 on fold
2. Lower back - cut 1 on fold
3. Upper front - cut 2
4. Lower front - cut 2
5. Sleeve - cut 2
6. Placket - cut 2
7. Stand collar - cut 2

8. Cuff - cut 2

Fusible interfacing:

1. Placket - cut 2
2. Stand collar - cut 1
3. Cuff - cut 2

INSTRUCTIONS:

1. Apply fusible interfacing.
2. Sew darts on upper fronts, press bulk towards top.
3. Sew the side seams of the upper parts of the dress, press the seam apart, serge. Sew the side seams of the lower parts of the dress, press the seam apart, serge.
4. Sew a gathering stitch along the upper edge of lower front and gather fullness. Sew a gathering stitch along the upper edge of lower back and gather fullness. Sew lower part to upper part, press seam, serge. Make a pleat on the upper part of the dress and topstitch it into the seam between the lower and the upper parts from the right side.
5. Sew shoulder seams, press seam allowances towards back and serge.
6. Fold placket in half lengthwise wrong sides together and press. Sew outer edge of placket to front, press seam allowances at placket. Turn seam allowance of inner side of placket under and topstitch into seam of.
7. Pin stand collars together right sides together and sew upper and side edges. Start and stop sewing exactly at the marked line of seam between stand collar and garment. Turn the piece right side out, straighten and press. Sew outer stand collar into neckline, fold inside open edge of internal stand collar and stitch in the ditch.
8. Sew sleeve seam, press towards the back and serge. Sew sleeves into armholes matching notches, serge and press.
9. Sew cuff into a ring, press the seam apart. Fold cuff in half lengthwise wrong sides together and press. Sew the outer part of the cuff to the sleeve, fold inside the inner side of the cuff, and topstitch into the seam of the outer cuff.
10. Seam allowance for hem serge, press onto wrong side and topstitch.
11. Make button holes on the right placket and the right stand collar. Sew on buttons according to button holes.

TECHNICAL DRAWING:

