

Blouse With Pleats - Sewing Pattern #2252

Recommendations on fabric: natural/mixed fabrics suitable for blouses.

You will also need: fusible interfacing; 3 buttons.

Seam allowances: all seams 1 cm. Seam allowance for hem of garment - 2 cm.

Note on seam allowances:

- If the pattern has double contour the seam allowances are included. They are 1 cm unless specified otherwise.
- If the pattern has single contour, the seam allowances are NOT included and need to be added when laying out the pattern.

Note on length of fabric:

Attention! The amount of fabric needed for your pattern is not included. It will depend on the selected pattern size, the width, and design of the fabric you plan to use. First, print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm). Measure how much fabric you will need. Don't forget to account for pieces that need to be cut multiple times and pieces that are cut on the fold.



CUTTING:

Note on cutting:

On the pattern pieces, "beam" means straight of grain. Lay out your pieces accordingly. Some pieces will be cut on the fold. This is noted on the pattern piece. Mark all notches and other design features such as pleats etc. from the pattern onto your fabric.

When sewing the garment, pay attention to notches, they must match up.

Main fabric:

1. Back - cut 1 on fold
2. Front - cut 1 on fold
3. Stand collar - cut 2
4. Sleeve - cut 2
5. Cuff - cut 2

Fusible interfacing:

1. Stand collar - cut 1
2. Cuff - cut 2

INSTRUCTIONS:

1. Apply fusible interfacing.
2. Cut (or take ready) a bias tape for finishing back slit, the length should be twice as much as the length of slit + 4 cm and , its width should equal 5 cm. Press bias tape in half lengthwise right side out. Mark the slit line on the back and cut. Fold back apart so that the slit line is straight, pin bias tape from the right side, matching edges, and sew. Width of seam along the slit 0.5 - 0.7 cm, decrease it to 0.2 cm in the lower part of the slit. Fold bias tape onto wrong side, wrapping the seam, and stitch in the ditch.
3. Make and baste pleats on front (fold bulk away from center).
4. Sew shoulder and side seams, press seams towards back and serge.
5. Cut (or take ready) bias tape, its width should equal 2.5 cm and its length should equal 10 cm for loop buttonhole. Fold tape in half lengthwise right sides together and stitch at 0.3 cm from fold. Cut away seam allowances close to seam, turn tape right side out and straighten rolled hem. Adjust length of the loop.
6. Pin together parts of stand collar, right sides together and sew along outer edge and ends, inserting the loop, start and stop stitching exactly at the seam line of collar stand. Clip into curves, trim away corners, turn stand collar right side out, straighten, press. Sew outer stand collar into neckline, fold inside open edge of internal stand collar and stitch in the ditch.
7. Sew a gathering stitch along upper part of sleeve cap and gather fullness. Sew a gathering stitch along lower edge of sleeve and gather fullness. Sew sleeve edges separately. Sew sleeve seam from armhole up to mark for slit, press seam apart. Topstitch slit at 0.1 cm from fold. Sew sleeves into armholes, serge and press.
8. Pin cuffs together, right sides together and sew side and lower edges. Start and stop stitching exactly at the marked seam line cuffs. Turn the piece right side out, press. Sew outer side of cuff to sleeve, fold inside the seam allowance of inner cuff and stitch-in-the ditch into seam of outer cuff.
9. Press lower edge of garment onto wrong side two times at 1 cm and topstitch.
10. Make buttonholes on cuffs, sew on buttons. Sew on button on stand collar.

TECHNICAL DRAWING:

