

Blouse With Central Pleat - Sewing Pattern #2235

Recommendations on fabric: natural/mixed fabrics suitable for blouses.

You will also need: fusible interfacing; 1 button; elastic tape.

Seam allowances: Seam allowance for hem of garment - 2 cm, part of neckline between the markings - 1.5 cm. Seam allowance for hem of sleeve - 3 cm. Other seams - 1 cm.

Note on seam allowances:

- If the pattern has double contour the seam allowances are included. They are 1 cm unless specified otherwise.
- If the pattern has single contour, the seam allowances are NOT included and need to be added when laying out the pattern.

Note on length of fabric:

Attention! The amount of fabric needed for your pattern is not included. It will depend on the selected pattern size, the width, and design of the fabric you plan to use. First, print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm). Measure how much fabric you will need. Don't forget to account for pieces that need to be cut multiple times and pieces that are cut on the fold.



CUTTING:

Note on cutting:

On the pattern pieces, "beam" means straight of grain. Lay out your pieces accordingly. Some pieces will be cut on the fold. This is noted on the pattern piece. Mark all notches and other design features such as pleats etc. from the pattern onto your fabric.

When sewing the garment, pay attention to notches, they must match up.

Main fabric:

1. Back - cut 2
2. Front - cut 1 on fold
3. Sleeve - cut 2
4. Neckline facing — cut 2

Fusible interfacing:

1. Neckline facing - cut 1

INSTRUCTIONS:

1. Apply fusible interfacing to facing.
2. Sew darts on front. Press bulk towards top.
3. Clip front neckline near notches. Fold the central part of neckline twice by 1 cm and topstitch.
4. Sew side and shoulder seams, press towards the back and serge.
5. Pin outer facing to inner facing right sides together and sew outer edges. Start and stop sewing exactly at the marked line of seam. Clip into curves. Turn the ready facing right side out and press.
6. Sew outer facing into neckline, turn raw edge of outer facing under and stitch in the ditch. Pin right side of facing onto the left side and baste together, sewing on the button through all layers of fabrics.
7. Sew a gathering stitch along the upper edge of sleeve cap and gather fullness. Sew sleeve seam, serge and press. Sew sleeves into armholes, serge and press.
8. Seam allowance for hem of sleeve fold inside at 1 cm, then at 2 cm onto wrong side and topstitch, making a casing. Thread the elastic tape into the casing, adjust according to the wrist girth sew ends together together.
9. Seam allowance along hem serge, turn inside and topstitch.

TECHNICAL DRAWING:

