

Blouse With Central Pleat - Sewing Pattern #2182

Recommendations on fabric: natural/mixed fabrics suitable for blouses.

You will also need: fusible interfacing; 5 buttons.

Seam allowances: all seams 1 cm. Seam allowance for hem of garment - 2 cm. Seam allowance along the vertical edge of the pleat and along the front edge of stand collar - 0 cm.

Note on seam allowances:

- If the pattern has double contour the seam allowances are included. They are 1 cm unless specified otherwise.
- If the pattern has single contour, the seam allowances are NOT included and need to be added when laying out the pattern.

Note on length of fabric:

Attention! The amount of fabric needed for your pattern is not included. It will depend on the selected pattern size, the width, and design of the fabric you plan to use. First, print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm). Measure how much fabric you will need. Don't forget to account for pieces that need to be cut multiple times and pieces that are cut on the fold.



CUTTING:

Note on cutting:

On the pattern pieces, "beam" means straight of grain. Lay out your pieces accordingly. Some pieces will be cut on the fold. This is noted on the pattern piece. Mark all notches and other design features such as pleats etc. from the pattern onto your fabric.

When sewing the garment, pay attention to notches, they must match up.

Main fabric:

1. Back - cut 1 on fold
2. Front - cut 1 on fold
3. Stand collar - cut 4
4. Sleeve - cut 2
5. Cuff - cut 4

Fusible interfacing:

1. Stand collar – cut 2
2. Cuff – cut 2

INSTRUCTIONS:

1. Apply fusible interfacing.
2. Sew front darts, press bulk towards top.
3. Cut (or take ready) a bias tape for finishing back slit, the length should be twice as much as the length of slit + 4 cm and , its width should equal 5 cm. Press bias tape in half lengthwise right side out. Mark the slit line on the back and cut. Fold back apart so that the slit line is straight, pin bias tape from the right side, matching edges, and sew. Width of seam along the slit 0.5 – 0.7 cm, decrease it to 0.2 cm in the lower part of the slit. Fold bias tape onto wrong side, wrapping the seam, and topstitch into seam of.
4. Sew shoulder seams, press towards the back and serge.
5. Cut (or take ready) bias tape, its width should equal 2.5 cm and its length should equal 5 cm for loop buttonhole. Fold tape in half lengthwise right sides together and stitch at 0.3 cm from fold. Cut away seam allowances close to seam, turn tape right side out and straighten the rolled piece. Adjust length of the loop.
6. Pin together parts of stand collar, right sides together and sew along the outer edge and the back edge, inserting the loop button hole on the left, start and stop stitching exactly at the seam line of collar stand. Clip into curves, trim away corners, turn stand collar right side out, press. Sew outer stand collar into neckline, clipping into seam allowance at the corner of the Front, fold inside open edge of internal stand collar and stitch in the ditch.
7. Make and topstitch pleat on the front along the center line, folding the piece wrong sides together. Fold the bulk of the pleat towards right and towards left (both sides), press. Serge the front edge of stand collar and the vertical edge of the pleat continuously. Serge upper edge. Wrap the stand collar with the upper part of the pleat and slipstitch it to the seam connecting the stand collar to the garment.
8. Sew side seams, press towards the back and serge.
9. Sew a gathering stitch along lower edge of sleeve and gather fullness. Serge the sleeve edges separately. Sew sleeve seam from armhole up to mark for slit, press the seam apart. Topstitch slit at 0.1 cm from fold. Sew sleeves into armholes, serge and press.
10. Pin cuffs together, right sides together and sew side and lower edges. Start and stop stitching exactly at the marked line of the cuff seam. Turn the piece right side out, press. Sew the outer part of the cuff to the sleeve, fold inside the inner side of the cuff, and topstitch into the seam of the outer cuff cuffs.

11. Press lower edge of garment onto wrong side two times at 1 cm and topstitch.
12. Make buttonholes on cuffs, sew on buttons. Sew on a button at stand collar.

TECHNICAL DRAWING:

