

Dress With Insets - Sewing Pattern #2096

Recommendations on fabric: natural/mixed fabric suitable for dresses in contrasting or similar color.

You will also need: fusible interfacing; dress zipper.

Seam allowances: all seams 1 cm. Seam allowance for hem 3 cm.

Note on seam allowances:

- If the pattern has double contour the seam allowances are included. They are 1 cm unless specified otherwise.
- If the pattern has single contour, the seam allowances are NOT included and need to be added when laying out the pattern.

Note on length of fabric:

Attention! The amount of fabric needed for your pattern is not included. It will depend on the selected pattern size, the width, and design of the fabric you plan to use. First, print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm). Measure how much fabric you will need. Don't forget to account for pieces that need to be cut multiple times and pieces that are cut on the fold.



CUTTING:

Note on cutting:

On the pattern pieces, "beam" means straight of grain. Lay out your pieces accordingly. Some pieces will be cut on the fold. This is noted on the pattern piece. Mark all notches and other design features such as pleats etc. from the pattern onto your fabric.

When sewing the garment, pay attention to notches, they must match up.

Main fabric:

1. Center back - cut 2
2. Side back - cut 2
3. Side lower front - cut 2
4. Center lower front - cut 1 on fold

Main fabric 1:

1. Back yoke - cut 2

2. Upper front - cut 1 on fold
3. Back neck facing – cut 2
4. Front neck facing – cut 1

Main fabric 2:

1. Front inset – cut 1 on fold

Fusible interfacing:

1. Back neck facing – cut 2
2. Front neck facing – cut 1

INSTRUCTIONS:

1. Apply fusible interfacing.
2. Sew yoke to back, press towards top and serge. Sew side backs to center back, press towards center and serge.
3. Serge the center back edges separately. Sew the center back seam from zipper mark to hem, press the seam apart. Sew in zipper.
4. Sew inset to upper front, press towards top and serge.
5. Sew princess seams on lower front, press towards center and serge. Sew upper front to lower front, press towards top and serge.
6. Sew shoulder and side seams, press towards the back and serge.
7. Sew shoulder seam on front neckline facing and back neckline facing, press the seam apart. Serge the outer edge.
8. Pin neckline facing onto garment right sides together and sew the neckline. Clip seam allowances, fold facing onto wrong side and press. Slipstitch center edges of facings to zipper tape.
9. Cut or use ready-made bias tape, its width should equal 4 cm and length should equal the length of armhole + 6 cm. Fold bias tape in half lengthwise right side out and press. Pin bias tape to armhole edge from the right side and sew. Fold bias tape onto wrong side, clip into seam allowances and topstitch onto main piece along the seam. Press seam.
10. Serge the lower edge of garment, press onto wrong side and finish with hidden stitches.

TECHNICAL DRAWING:

