

Sewing Pattern — Sport Dress 5362

Recommendations on fabric: denim

You will also need: iron-on interfacing; buckle; zipper; eyelets for the belt

If the pattern has double contour the seam allowances are included.

Seam allowances are NOT included by default and need to be added when laying out and cutting details if your pattern has single contour.

Seam allowance: 1 cm for all seams, 3 cm for hems.

Attention! First of all please print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm) to see how much fabric you will need. Don't forget to count pair parts and symmetrical parts.

When sewing the garment, pay attention to notches, they must coincide.



CUTTING:

Fabric:

1. Back – 2 pieces
2. Front – 2 pieces
3. Back belt – 4 peaces
4. Front left belt – 2 pieces
5. Front right belt –2 pieces
6. Collar – 2 pieces
7. Sleeve – 2 pieces

Interfacing: under collar; all belt pieces

INSTRUCTIONS:

1. Iron the interfacing to the under collar, right front belt, left front belt and the back belt pieces.
2. Make up and shape the collar.
3. Stitch the waist/bust darts. Press the bust darts downwards, presses the back waist darts backwards. Press the front waist darts to the centre front.
4. Neaten the front center edges and stitch them up to the zipper notch. Press the seam open. Sew the zipper in. Topstitch the zipper slit 0.5 cm away from the edges. Stitch the back centre seam, neaten and press it towards the right back piece.
5. Make up the carriers and topstitch them to the desired position.
6. Stitch the side/shoulder seams; neaten them and press towards the back.

7. Stitch the under collar to the neckline. Fold the bottom edge of the top collar and topstitch it on the seamline of the under collar.
8. Neaten the lower edges of the sleeves and the hem. Stitch and neaten the sleeve seams. Press them backwards.
9. Stitch the sleeves to the dress according to the notches. Neaten the seams.
10. Fold the hem of the sleeves and the dress hem inside and press them flat. Slipstitch the hems to the garment.
11. Stitch the back belt centre seam. Stitch the belt side/ back/left front piece edges together. Stitch the side edges of the belt. Press the seams open.
12. Fold the belt in half lengthways inside out and stitch leaving the centre edge of the right front belt piece unstitched. Turn the belt inside out and press it. Topstitch the belt 0.5cm in from the edges. Mark eyelet positions and fix them to the belt. Adjust the buckle to the belt.

TECHNICAL DRAWING:

