

Sewing Pattern — Cross over Bust Dress 5433

Recommendations on fabric: jersey.

You will also need: zip and bias binding in contrast color.

If the pattern has double contour the seam allowances are included.

Seam allowances are NOT included by default and need to be added when laying out and cutting details if your pattern has single contour.

Seam allowance: 1 cm for all seams and 3 cm for the dress hem.

Attention! First of all please print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm) to see how much fabric you will need. Don't forget to count pair parts and symmetrical parts.

When sewing the garment, pay attention to notches, they must coincide.



CUTTING:

Fabric:

1. back - 2 pieces
2. Centre front – 1 piece
3. Lower front – 1 piece
4. Upper front – 1 piece

ADVICE: to prevent seam from stiffing, sew stitch pieces with special (zigzag) stitch. To prevent hem from stiffing neaten it with an overlocker and then stitch using double needle for jersey. Do the same for all edges must stay elastic.

The above is not for industrial manufacturing.

INSTRUCTIONS:

1. Mark the bias binding lines on the front pieces.
2. Stitch the bust darts; press the darts downwards.
3. Press the bias binding in half lengthways and topstitch to the marked lines.
4. Finish the centre front lower/upper edges by applying the bias binding.
5. Finish the centre front centre edge by applying the bias binding.
6. Neaten the lower front upper edge; neaten the upper front lower edge.
7. Place the lower front under the centre front; topstitch. Place the upper front under the centre front; topstitch.

8. Finish the armhole edges by applying the bias binding.
9. Neaten the back centre edges. Stitch the back centre seam between the back lower split and the zipper notch. Press the seam open, pressing the splits slightly. Insert the zip. Topstitch the lower split around.
10. Finish the neck edges by applying the bias binding.
11. Stitch the dress shoulder seams; neaten them; press the seam allowances backwards.
12. Stitch the dress side seams; neaten them; press the seam allowances backwards.
13. Neaten the dress hem; press the hem seam allowances under and stitch in place.

TECHNICAL DRAWING:

