

## Sewing Pattern — Blouse 5759

Recommendations on fabric: natural/mixed fabric (cotton, viscose, polyester)

You will also need: fusible interfacing; 8 buttons; zipper

If the pattern has a double line around it, the seam allowances are included.

**Note:** By default, seam allowances are NOT included (single line) and will need to be added when laying out and cutting details.

Seam allowance: 1.5 cm for the hem, 1 cm for other seams

Attention! First of all please print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm) to see how much fabric you will need. Don't forget to take into account pieces to be duplicated or cut on a fold.

When sewing the garment, pay attention to notches, they must match up with corresponding pieces.



### **CUTTING:**

The word, “beam” used on some patterns means “straight of grain”. Some pieces will be cut on the fold, this is noted on the pattern piece. Mark all notches and other design features such as darts, pleats etc. from the pattern onto your fabric.

Darts: The fold of the dart is always pressed toward the center of your garment, or down toward the hem.

#### Main fabric:

1. Back – cut 2
2. Right front– cut 1
3. Left front – cut 1
4. Side front – cut 2
5. Short placket – cut 2
6. Long placket – cut 2
7. Sleeve - cut 2
8. Cuff – cut 2
9. Collar – cut 2
10. Collar-stand – cut 2

Interfacing: 1. Collar – cut 1, Collar-stand - cut 1, Short placket - cut 1, Long placket - cut 1, Cuff - cut 2

## **INSTRUCTIONS:**

1. Apply the interfacing to wrong side of plackets, cuffs, outer collar, and inner collar-stand.
2. Pin collars, right sides together, and sew outer three sides. Clip into curves. Turn collar right side out and press. Pin collar-stands, right sides together, inserting ready collar in between, match notches and sew together, including collar-stand ends. Begin and finish stitching at the line joining the collar-stands. Turn ready collar right side out and press.
3. Sew back darts. Press darts toward center. Sew center back seam. Serge and press toward left. Sew dart on left front side. Press dart toward hem. Make a gathering stitch on right front between marks on front, gather fabric slightly.
4. Pin short plackets, right sides together, and sew along shaped edges. Turn the plackets right side out and press. Sew outer short placket to left front. Press seam toward the placket. Fold inner short placket under and topstitch along joining seam.
5. Sew outer long placket to right front. Pin long plackets, right sides together, along outer edge. Insert left front gathered edge between them and sew. Fold inner long placket onto wrong side and press. Fold inner long placket open edge under and topstitch along joining seam. (This is a faux button closure)
6. Sew side fronts to fronts. Serge seam and press toward back.
7. Sew shoulder seams and right side seam. Serge seams and press toward back. Serge edges of left side separately. Sew left side seam between the armhole and the notch. Press seam open, including opening for zipper. Sew the zipper in.
8. Sew outer collar-stand with the collar into the neckline, fold inner stand-up's open edge under and topstitch along the seam joining outer stand-up. Topstitch along the collar-stand and the collar.
9. Serge sleeve seam edges separately. Sew sleeve seams to the notch, press seam apart. Make a gathering stitch along sleeve cap for ease. Sew sleeves into armholes easing them at sleeve caps.
10. Fold cuffs along the center, right sides together, and sew short edges/segment up to the notch. Trim seam allowance close to the notch. Turn the cuffs right side out and press them. Sew outer cuff to the sleeve. Fold inner cuff seam allowance under and topstitch along joining seam.
11. Serge bottom edge of garment, press onto wrong side, then topstitch.
12. Make buttonholes on cuffs, sew buttons. Sew buttons to front.

## **TECHNICAL DRAWING:**

