

Sewing Pattern — Blouse 5760

Recommendations on fabric: double-sided natural/mixed fabric (cotton, viscose, polyester)

You will also need: fusible interfacing; 5 buttons

If the pattern has a double line around it, the seam allowances are included.

Note: By default, seam allowances are NOT included (single line) and will need to be added when laying out and cutting details.

Seam allowance: 1.5 cm for the hem, 1 for other seams

Attention! First of all, please print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm) to see how much fabric you will need. Don't forget to take into account pieces to be duplicated or cut on a fold.

When sewing the garment, pay attention to notches, they must match up with corresponding pieces.



CUTTING:

Some pieces will be cut on the fold. This is noted on the pattern piece. Mark all notches and other design features such as darts, pleats etc. from the pattern onto your fabric.

Darts: The fold of the dart is always pressed toward the center of your garment, or down toward the hem.

Fabric:

1. Back – cut 2
2. Front – cut 2
3. Sleeve – cut 2
4. Collar – cut 2
5. Collar-stand – cut 2

Interfacing:

1. Collar – cut 1
2. Collar-stand – cut 1
3. Placket – cut 2

INSTRUCTIONS:

1. Apply the interfacing to wrong side of self-fold placket, outer collar, and inner collar-stand.
2. Lay collars, right sides together, and sew along ends and outer edge. Trim seams. Turn collar right side out and press. Lay collar-stands right sides together, insert ready collar, matching notches and sew all, including collar-stand ends. Begin and finish stitching at the connecting neck seam of the collar-stand. Turn ready collar, right side out, and press.
3. Make first pleat (inside) on front as marked. Sew the pleat on wrong side between the neckline and cross mark. Do the same for other 3 pleats. Press pleats to center front, as shown in diagram.
4. Sew front darts. Press waist darts toward center, press bust darts toward hem. Sew back darts and press toward center. Sew center back seam. Serge or finish the seam and press.
5. Sew shoulder and side seams. Serge or finish seams and press toward back. Fold self-plackets twice toward right side and topstitch along placket's inner edge.
6. Sew outer collar-stand with the collar into the neckline, fold inner collar-stand seam allowance under, and topstitch along the seam joining outer collar-stand. Topstitch along the collar-stand and the collar.
7. Sew sleeve seams up to the notch, serge or finish seam and press apart. Make a gathering stitch along the cap for ease. Sew sleeve in, matching notches and easing sleeve caps.
8. Serge or finish garment edges and sleeve edges, turn under, press, and topstitch.
9. Make buttonholes on right front, sew buttons on left.

TECHNICAL DRAWING:

