Sewing Pattern — Lingerie 5776

Recommendations on fabric: stretch lace

You will also need: ready straps, bias tape, 10 decorative rings (1-1.5 cm diameter), ribbon appr. 1 cm wide, elastic 0.5 cm wide

If the pattern has a double line around it, the seam allowances are included.
Note: By default, seam allowances are NOT included (single line) and will need to be added when laying out and cutting details.

Seam Allowance: 1 cm all seams, Stay stitch 1 cm on all edges

Attention! First of all, please print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm) to see how much fabric you will need. Don't forget to take into account pieces to be duplicated or cut on a fold.

When sewing the garment, pay attention to notches. They must match up with corresponding pieces.

CUTTING:
The word, “beam” used on some patterns means “straight of grain”. Some pieces will be cut on the fold, this is noted on the pattern piece. Mark all notches and other design features such as darts, pleats etc. from the pattern onto your fabric.

Darts: The fold of the dart is always pressed toward the center of your garment, or down toward the hem.

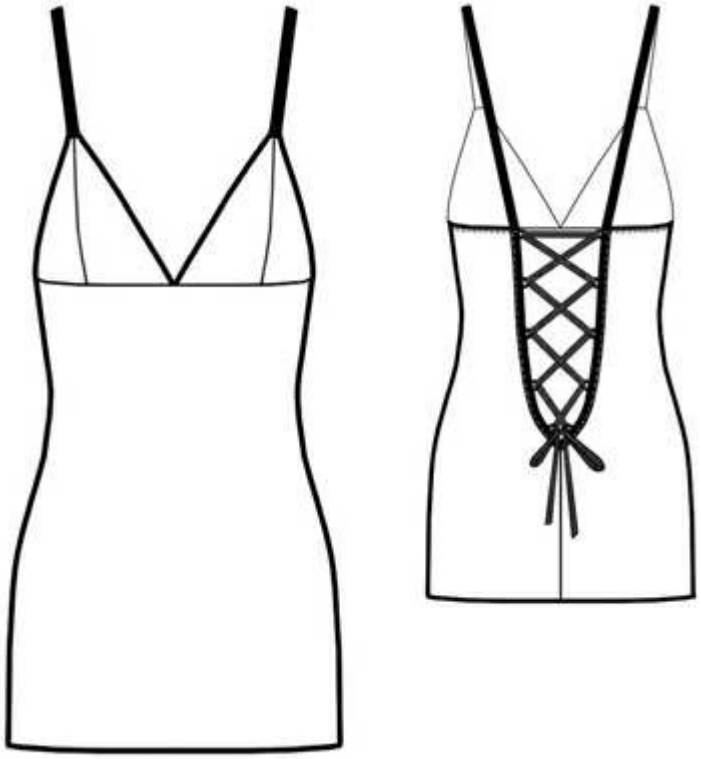
Advice:
Knit fabric pieces are sewn together with special stretch-stitch or narrow zig-zag stitch. Seam allowance on hem is stitched with twin needles to save stretchiness. Pieces can also be sewn together with 3 or 4 – thread serger. When serging, cut seam allowances to 0.6 – 0.8 cm.

Fabric:

1.Back — cut 1
2.Front — cut 1
3.Middle bust cup — cut 2
4.Side bust cup — cut 2

INSTRUCTIONS:

1. Sew together the parts of the cups, turn the seam allowances to one side and topstitch from the right side with stretch stitch.

2. Serge the center and side edge of the cup, press the side seams onto the wrong side and topstitch. To prevent stretching these edges, topstitch elastic from the wrong side of the garment, slightly stretching the elastic (the elastic should be 10% shorter than the seam).
3. Fold the bias tape in half lengthwise, wrong sides together, and press. Pin onto the edge of the back, right sides together, and sew, inserting the decorative rings into the seam. Turn the bias tape to the wrong side and topstitch onto the garment along the fold.
4. Sew the center back seam and serge. Sew and serge the side seams.
5. Sew cups to front. Serge together with the upper edge of the back.
6. Press the seam allowance of the back onto the wrong side, place the elastic under it, stretching it a little bit, and topstitch with a zigzag seam (the elastic should be 10% cm shorter than the edge).
7. Serge the lower edge of the garment, turn onto wrong side, press and topstitch.
8. Sew the straps to garment. Thread the ribbon through the decorative rings.

TECHNICAL DRAWING: