

Sewing Pattern — Dress 5794

Recommended fabric: natural/mixed knit fabric of medium to high stretchiness.

You will also need: fusible interfacing, knit tape (or bias tape) of 4 cm wide for binding drop neck and for decorative trim.

If the pattern has a double line around it, the seam allowances are included.

Seam allowance: hem and hem of sleeve – 2 cm; along neck facing edge– 0.7 cm, all other seams - 1 cm.

Note: By default, seam allowances are NOT included (single line) and will need to be added when laying out and cutting details.

Attention! First of all please print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm) to see how much fabric you will need. Don't forget to take into account pieces to be duplicated or cut on a fold.

When sewing the garment, pay attention to notches, they must coincide.

CUTTING:

The word, “beam” used on some patterns means “straight of grain”. Some pieces will be cut on the fold, this is noted on the pattern piece. Mark all notches and other design features such as darts, pleats etc. from the pattern onto your fabric.

Darts: The fold of the dart is always pressed toward the center of your garment, or down toward the hem.

Advice:

Knit fabric pieces are sewn together with special stretch-stitch or narrow zig-zag stitch. Seam allowance on hem is stitched with twin needles to save stretchiness. Pieces can also be sewn together with 3 or 4 – thread serger. When serging, cut seam allowances to 0.6 – 0.8 cm.

Main fabric:

1. Upper back – cut 2
2. Lower back – cut 1
3. Upper front – cut 1
4. Lower front – cut 1
5. Front neck facing – cut 2
6. Back neck facing – cut 1
7. Sleeve – cut 2
8. Belt loop – cut 1



INSTRUCTIONS:

1. Apply fusible interfacing to back and front neck facings.
2. Sew bust dart on the front. Press toward hem (bulk of dart may be serged, if desired).
3. Sewing the front drop neck edge: press the bias tape in half lengthwise, wrong sides together. Pin bias tape to neck edge, right sides together, aligning seam allowances of the bias tape with drop edge allowance and sew. Turn bias tape onto wrong side and topstitch along the fold from the right side of garment.
4. Sew center back seam. Serge and press seam toward left.
5. Sew shoulder seams. Serge and press toward back.
6. Sew shoulder seams of facings. Press seams open. Fold outer edge of facing under and press. Pin the facing right side onto wrong side of neckline edge. Turn the facing onto right side and topstitch.
7. Sew lower back to upper back, serge and press seam downward.
8. Sew lower front to upper front, serge and press seam downward.
9. Sew side seams. Serge and press seams toward back.
10. Sew sleeve seams. Serge seams and press.
11. Sew sleeve into the armhole, aligning notches. Serge seams and press.
12. Serge lower edge of sleeves and garment. Turn onto wrong side, press, and topstitch.
13. Cut 3 bias tape strips 4 cm wide. The length of one tape is equal to hem length +2 cm, length of other two tapes is equal to hem of sleeve +2 cm. Sew tapes into rings. Press long sides of the tape at 1 cm onto wrong side. Space 1 cm from hem line and topstitch tapes.
14. Fold the belt loop in half lengthwise, right sides together, and sew. Then turn right side out, straighten the seam, placing it on the fold and press. Topstitch near both edges. Cut belt loops of required size and topstitch to garment according to markers. Run a 2 cm wide belt through the loops.

TECHNICAL DRAWING:

