

Sewing Pattern — Dress 4256

Recommendations on fabric: natural or mixed, lightweight stretch-knit fabrics suitable for dresses

You will also need: 2 buttons, elastic of 1 cm wide.

If the pattern has a double line around it, the seam allowances are included.

Note: By default, seam allowances are NOT included (single line) and will need to be added when laying out and cutting details.

Seam allowance: top edge of skirt and lower edges of bodice — 2 cm; all other seams - 1 cm

Attention! First of all, please print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm) to see how much fabric you will need. Don't forget to take into account pieces to be duplicated or cut on a fold.

When sewing the garment, pay attention to notches, they must match up with corresponding pieces.



CUTTING:

The word, “beam” used on some patterns means “straight of grain”. Some pieces will be cut on the fold, this is noted on the pattern piece. Mark all notches and other design features such as darts, pleats etc. from the pattern onto your fabric.

Darts: The fold of the dart is always pressed toward the center of your garment, or down toward the hem.

Advice:

Knit fabric pieces are sewn together with special stretch-stitch or narrow zig-zag stitch. Seam allowance on hem is stitched with twin needles to save stretchiness. Pieces can also be sewn together with 3 or 4 – thread serger. When serging, cut seam allowances to 0.6 – 0.8 cm.

Fabric:

1. Back – cut 2
2. Front – cut 1 on fold
3. Front lining – cut 1
4. Back lining — cut 2
5. Top skirt —cut 1
6. Middle skirt – cut 1
7. Lower skirt – cut 1
8. Upper collar — cut 1
9. Lower collar — cut 1

INSTRUCTIONS:

1. Sew darts on front. Press toward hem. Sew side seams of front and back bodice. Sew center back seam from mark down to hem. Press seam allowance apart. Sew lining pieces the same way.
2. Pin main fabric and lining, right sides together, and sew along armhole. Sew together seam allowances of main fabric and lining along the open section of the back center seam. Turn right side out. Baste details along neckline and bottom edge of bodice with temporary stitch. Make soft pleats or gathers along front neck edge.
3. Sew center back seam of all skirts. Serge and press seam allowance onto left side. Baste skirts together along top edge and make a gathering stitch, gather fullness.
4. Sew skirts to the bodice. Serge seam allowance and press toward bodice. Create a casing for elastic by sewing at 1.5 cm from the connecting seam. Leave an opening in the seam for running the elastic through the casing. Adjust length of elastic for desired fit. Secure ends together and sew opening closed.
5. Prepare loop buttonholes. To do that, cut a strip of bias tape of 2 – 3 cm wide. Fold it in half lengthwise, right sides together. Sew 0.3 – 0.4 cm wide from the folded edge. Increase the width of the seam up to 0.5 – 0.7 cm at the end. Trim seam allowance to 0.3 – 0.6 cm. Turn the cord right side out by means of the needle with a thick thread. The cord should be thick throughout the length. Cut the cord into 2 parts.
6. Make a gathering stitch along upper collar edges and gather fullness. Sew ends and outer seam of collars, inserting loop buttonholes into the seam. Trim the seams. Turn collar out, straighten and press. Sew lower collar into the front / back neckline, turn under seam allowance of upper collar and topstitch or slipstitch into lower collar connecting seam.
7. Serge lower edges of the skirt, turn inside, and topstitch.
8. Sew buttons.

TECHNICAL DRAWING: