

## Sports Sweatshirt - Sewing Pattern #2905

Recommendations on fabric: natural/mixed knit fabric of small stretchiness (fleece).

You will also need: fusible interfacing; separating zipper; two zippers for pockets; lining from knit fabric.

Seam allowances: all seams 1 cm. Seam allowance for hem of garment and hem of sleeve - 2 cm.

### Note on seam allowances:

- If the pattern has double contour the seam allowances are included. They are 1 cm unless specified otherwise.
- If the pattern has single contour, the seam allowances are NOT included and need to be added when laying out the pattern.

### Note on length of fabric:

*Attention! The amount of fabric needed for your pattern is not included. It will depend on the selected pattern size, the width, and design of the fabric you plan to use. First, print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm). Measure how much fabric you will need. Don't forget to account for pieces that need to be cut multiple times and pieces that are cut on the fold.*

### Note on working with stretchy fabric:

*Knitted fabric pieces are sewn together with special elastic or narrow zig-zag stitch. Seam allowance on hems can be stitched with twin needles to save stretchiness. Pieces can also be sewn together with a serger. When serging, cut seam allowances to 0.6 - 0.8 cm.*

## CUTTING:

### Note on cutting:

*On the pattern pieces, "beam" means straight of grain. Lay out your pieces accordingly. Some pieces will be cut on the fold. This is noted on the pattern piece. Mark all notches and other design features such as pleats etc. from the pattern onto your fabric.*

*When sewing the garment, pay attention to notches, they must match up.*

Main fabric:

1. Back - cut 2
2. Upper front - cut 2



3. Lower front - cut 2
4. Side - cut 2
5. Front yoke - cut 2
6. Sleeve - cut 2
7. Center front facing - cut 2
8. Back neck facing - cut 1
9. Stand collar - cut 2

Fusible interfacing:

1. Center front facing - cut 2
2. Back neck facing - cut 1
3. Stand collar - cut 1

Knit lining:

1. Pocket lining - cut 2

## **INSTRUCTIONS:**

1. Apply fusible interfacing.
2. Sew the center back seam, press seam allowances towards left, serge.
3. Sew darts on front, press bulk towards top.
4. Mark the position of pocket on front. Cut the pocket opening in the center between the marked lines. Snip diagonally toward end of stitching at 1-1.5 cm from end of pocket opening. Press seam allowances onto wrong side. Place the zipper under the edges of the pocket opening so that the teeth are visible. Sew in the zipper, stitching from the right side. Place the lower front part right side onto the wrong side of the pocket bag and secure along the center, upper, and side edges.
5. Sew shoulder seams. Serge seams and press towards back.
6. Sew the outer stand collar into the neckline of the front and back. Clip seam allowances and press towards stand collar.
7. Sew the yoke with stand collar to the front. Serge the seam allowances and press onto yoke.
8. Sew upper front to lower front. Serge the seam allowances and press towards top.
9. Sew the side panel to the front and back. Serge the seam allowances and press them toward the center back and center front respectively.
10. Sew shoulder seams of central front facings and facings, press the seam apart. Serge the outer edge. Sew

the inner stand collar into the neckline of the front facings and facing, clipping the corner of the front facing. Clip seam allowances and press towards stand collar.

11. Place the front facings and facing right side down onto the right side of the garment and sew the front edges, the upper edge of the stand collar, and the lower corners, inserting the zipper between the layers. Clip seam allowances, trim away corners, turn right side out and press. Secure the neckline facing to the shoulder seams. Sew a decorative stitch along the zipper.

12. Serge seam allowance for hem of garment and hem of sleeve, press onto wrong side and topstitch.

### TECHNICAL DRAWING:

