

## Vest - Sewing Pattern #6139

Recommendations on fabric: quilted fabrics with polyester padding, suitable for outdoor jackets.

You will also need: 7 buttons; lining.

Seam allowances: all seams 1 cm.

### Note on seam allowances:

- If the pattern has double contour the seam allowances are included. They are 1 cm unless specified otherwise.

- If the pattern has single contour, the seam allowances are NOT included and need to be added when laying out the pattern.

### Note on length of fabric:

Attention! The amount of fabric needed for your pattern is not included. It will depend on the selected pattern size, the width, and design of the fabric you plan to use. First, print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm). Measure how much fabric you will need. Don't forget to account for pieces that need to be cut multiple times and pieces that are cut on the fold.

## CUTTING:

### Note on cutting:

On the pattern pieces, "beam" means straight of grain. Lay out your pieces accordingly. Some pieces will be cut on the fold. This is noted on the pattern piece. Mark all notches and other design features such as pleats etc. from the pattern onto your fabric.

When sewing the garment, pay attention to notches, they must match up.

Main fabric :

1. Center back - cut 1 on fold
2. Upper front - cut 2
3. Lower front - cut 2
4. Back yoke - cut 1
5. Collar - cut 2
6. Stand collar - cut 2
7. Placket - cut 2
8. Shoulder Strap - cut 4
9. Belt - cut 2
10. Center front facing - cut 2

Lining:

1. Center back - cut 1 on fold
2. Upper front - cut 2
3. Back yoke - cut 1
4. Lower front - cut 2
5. Pocket bag - cut 4

Lining is cut using the pattern pieces for main fabric, except for the width of the center front facing and the back neckline facing.

## INSTRUCTIONS:

1. Pin pocket bag onto lower front right sides together and sew. Start and stop stitching exactly at the pocket mark. Sew pocket bag to upper front in the same way. Sew fronts together, press the seam apart. Sew edges of pocket bags.
2. Sew placket to front. Press the seam allowance at placket and sew a decorative stitch at 0.2 cm from seam.
3. Sew side backs to center back. Press the seam allowances apart.
4. Sew yoke to back. Press seam allowance towards top.
5. Sew shoulder seams, press towards the back.
6. Sew shoulder seams center front facings and facings, press the seam apart.
7. Sew stand collar to collar. Press the seam allowances apart. Pin collars together right sides together, sew ends and collar fall. Start and stop stitching exactly at the marking line. Trim seam allowances in corners, turn the collar right side out and press.
8. Pin center front facings onto right side of the vest and sew center front facings and lapel. Trim seam allowances, trim away corner, turn right side out and press.
9. Sew upper collar into the neckline of the main piece. Press the seam apart. Sew lower collar into neckline center front facings and facings. Press the seam apart. Baste together seam allowances of collars.
10. Pin shoulder steps together, right sides together, and sew around the outer edges. Trim away corners, turn right side out and press. Sew a decorative stitch around all edges at 0.2 cm from the edge. Pin the shoulder strap onto the shoulder seam and baste to the main piece along the armhole edge.
11. Sew seams on lining.
12. Sew lining to the back neckline facing and to central front facings. Sew armholes in 2 steps: first sew the front armhole, then sew the back armhole.

13. Pin waistbands together, right sides together and sew along the short edge, along the lower edge and the corner up to the marking. Snip into seam allowance near the notch. Sew the outer edge of the belt to the vest. Fold under the seam allowance of the inner side inside and stitch-in-the-ditch along seam of outer side.

14. On left front make buttonholes, sew on buttons onto the right front, onto the shoulder straps and onto the waistband.

## **TECHNICAL DRAWING:**