

Shirt - Sewing Pattern #6138

Recommendations on fabric: natural/mixed shirt fabrics with elastane.

You will also need: fusible interfacing, 10 buttons.

Seam allowances: along the side edges and the upper edges of the sleeve placket — 0.5 cm, along lower edge – 1.5 cm, upper pocket edge – 3 cm, other seams – 1 cm.

Note on seam allowances:

- If the pattern has double contour the seam allowances are included. They are 1 cm unless specified otherwise.
- If the pattern has single contour, the seam allowances are NOT included and need to be added when laying out the pattern.



Note on length of fabric:

Attention! The amount of fabric needed for your pattern is not included. It will depend on the selected pattern size, the width, and design of the fabric you plan to use. First, print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm). Measure how much fabric you will need. Don't forget to account for pieces that need to be cut multiple times and pieces that are cut on the fold.

CUTTING:

Note on cutting:

On the pattern pieces, "beam" means straight of grain. Lay out your pieces accordingly. Some pieces will be cut on the fold. This is noted on the pattern piece. Mark all notches and other design features such as pleats etc. from the pattern onto your fabric.

When sewing the garment, pay attention to notches, they must match up.

Main fabric:

- 1. Back cut 1 on fold
- 2. Front cut 2
- 3. Placket cut 2
- 4. Sleeve placket cut 2
- 5. Sleeve cut 2

Shirt



- 6. Collar cut 2
- 7. Stand collar cut 2
- 8. Cuff cut 2
- 9. Pocket cut 2
- 10. Yoke cut 1

Fusible interfacing:

- 1. Collar cut 1
- 2. Stand collar cut 1
- 3. Cuff cut 2
- 4. Placket cut 2

INSTRUCTIONS:

- 1. Apply fusible interfacing to cuffs, upper collar, inner stand collar and placket.
- 2. Sew darts on back. Press bulk towards center. Make and baste pleats on back. Sew yoke to back. Serge and press towards top.
- 3. Pin upper collar to lower collar, right sides together. Sew ends of collar and collar fall. Trim seam allowances. Turn the collar right side out, straighten and press. Sew a decorative stitch along the outer edge of the collar and the collar's ends. Fold under the lower edge of the inner stand collar by 1 cm and topstitch at 0.7 cm. Pin stand collars together, right sides together, match the upper edge, insert the ready collar between them, adjust edges notches and sew, sewing the ends of stand collar at the same time. Turn finished collar right side out and press.
- 4. Seam allowance along upper edge of pocket turn inside at 1 cm, then at 2 cm and topstitch. Fold under the seam allowances of the pocket and press. Pin the pocket onto the right side of the front piece and topstitch according to markings.
- 5. Pin the right side of the placket onto the wrong side of the front piece and sew center front edge. Fold placket onto right side, fold under the unserged edge and topstitch onto front at 0.2 cm from fold. Sew a decorative stitch at 0.2 cm from the edge center front facings.
- 6. Sew and serge shoulder edges. Press seam allowance towards back.
- 7. Sew upper stand collar with collar into neckline, press seam allowances towards stand collar. Topstitch the lower stand collar into the seam of the upper collar.
- 8. Sewing the slit: Slash the sleeve along the marked line, snip into the corner into the upper part of the slit. Turn inside the area of 1.5 cm between the slit and the marked line two times by 0.5 cm and topstitch. Fold placket in half lengthwise right sides together and sew the corner up to the perpendicular mark. Trim away the

Shirt



seam allowances close to stitch line, snip into the seam allowance near the end of the stitch line. Placket turn right side out, press and topstitch at 0.1 cm along the fold line from the bottom up to the perpendicular mark. Pin the sleeve placket to the sleeve, right sides together, and sew, matching the inner side to the marked line. Slash the sleeve perpendicularly near the end of the stitch line, from the slit up to the seam line. Placket fold onto right side, fold inside the open edge and sew. Match the placket to the marked line on the sleeve and topstitch the upper corner around the corner and up to the perpendicular mark.

- 9. Sew in sleeves into the open armholes. Serge the seam, press.
- 10. Sew sleeve edges, sewing the side seam at the same time. Serge and press towards back. Make and baste pleats along the lower edge of the sleeve according to the markings.
- 11. Fold cuff in half lengthwise and sew shorter edges. Cuffs turn right side out and press. Sew the inner side of the cuff to the sleeve. Fold under the lower edge of the outer cuff and topstitch it into the seam.
- 12. Serge the lower edge of garment, press onto wrong side and topstitch.
- 13. Make button holes on the cuffs and on the stand collar and sew on buttons. Make buttonholes on right front, sew on buttons onto left front.

TECHNICAL DRAWING:



