

## Blouse With Central Pleat - Sewing Pattern #2654

Recommendations on fabric: natural/mixed fabrics suitable for blouses with elastane.

You will also need: fusible interfacing; 2 buttons.

Seam allowances: all seams 1 cm. Seam allowance for hem of garment - 1.2 cm.

### Note on seam allowances:

- If the pattern has double contour the seam allowances are included. They are 1 cm unless specified otherwise.
- If the pattern has single contour, the seam allowances are NOT included and need to be added when laying out the pattern.

### Note on length of fabric:

Attention! The amount of fabric needed for your pattern is not included. It will depend on the selected pattern size, the width, and design of the fabric you plan to use. First, print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm). Measure how much fabric you will need. Don't forget to account for pieces that need to be cut multiple times and pieces that are cut on the fold.



## CUTTING:

### Note on cutting:

On the pattern pieces, "beam" means straight of grain. Lay out your pieces accordingly. Some pieces will be cut on the fold. This is noted on the pattern piece. Mark all notches and other design features such as pleats etc. from the pattern onto your fabric.

When sewing the garment, pay attention to notches, they must match up.

Main fabric:

1. Back - cut 1 on fold
2. Front - cut 2
3. Sleeve - cut 2
4. Cuff - cut 2
5. Center front facing - cut 2
6. Back neck facing - cut 1

Fusible interfacing:

1. Cuff - cut 2
2. Center front facing - cut 2
3. Back neck facing - cut 1

## **INSTRUCTIONS:**

1. Apply fusible interfacing.
2. Make and baste pleats on the shoulder edges of the front pieces. Sew shoulder seams, press towards the back, serge.
3. Sew the shoulder edge of the center front facing and of the facing, clip seam allowances and press apart. Serge the outer edge. Pin the central facing and the facing onto the right side of garment and sew the right center front edge from the back neckline to the hem. Sew the left center front edge from center back down to the mark, clip into seam allowance near the notch. Clip into curves, fold the central front facing towards wrong side and press. Serge the seam allowances of the left center front from mark down to hem.
4. Put right front onto left front and sew a fixing/decorative stitch line along the right center front edge from vertical mark down to hem. Sew a decorative/fixing stitch line from the vertical mark on the right center front edge, along the neckline, and along the left center front edge.
5. Sew side seams, press towards the back, serge.
6. Cut slit on sleeve along the marked line. Cut bias tape from main fabric (or take ready), its width should equal 4 cm and length should equal two lengths of slit +4 cm. Fold bias tape in half lengthwise and press. Press outer seam allowances towards center. Sew bias tape to slit of sleeve (pin bias tape to slit edge from the right side and sew, fold bias tape onto wrong side and topstitch onto garment along fold line). Make and baste the pleat on sleeve. The bulk is directed away from the closure.
7. Sew sleeve seam, press towards the back and serge. Sew sleeves into armholes, serge and press.
8. Fold cuffs in half lengthwise right sides together and sew side edges. Start and stop stitching exactly at the marked line of the cuff seam. Turn the piece right side out, press. Sew the outer part of the cuff to the sleeve, fold inside the inner side of the cuff, and topstitch into the seam of the outer cuff cuffs.
9. Serge lower edge of garment, press onto wrong side and topstitch.
10. Make buttonholes and sew on buttons onto cuffs.

**TECHNICAL DRAWING:**

