

## Blouse With Central Pleat - Sewing Pattern #2594

Recommendations on fabric: natural/mixed fabrics suitable for blouses.

You will also need: fusible interfacing; 2 buttons.

Seam allowances: Seam allowance for hem of garment - 2.5 cm; other seams - 1 cm.

### Note on seam allowances:

- If the pattern has double contour the seam allowances are included. They are 1 cm unless specified otherwise.
- If the pattern has single contour, the seam allowances are NOT included and need to be added when laying out the pattern.

### Note on length of fabric:

Attention! The amount of fabric needed for your pattern is not included. It will depend on the selected pattern size, the width, and design of the fabric you plan to use. First, print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm). Measure how much fabric you will need. Don't forget to account for pieces that need to be cut multiple times and pieces that are cut on the fold.



## CUTTING:

### Note on cutting:

On the pattern pieces, "beam" means straight of grain. Lay out your pieces accordingly. Some pieces will be cut on the fold. This is noted on the pattern piece. Mark all notches and other design features such as pleats etc. from the pattern onto your fabric.

When sewing the garment, pay attention to notches, they must match up.

Main fabric:

1. Back - cut 1 on fold
2. Front - cut 1 on fold
3. Sleeve - cut 2
4. Lapel — cut 2
5. Back neck facing - cut 1
6. Cuff - cut 2

Fusible interfacing:

1. Lapel — cut 2
2. Back neck facing - cut 1
3. Cuff - cut 2

## **INSTRUCTIONS:**

1. Apply fusible interfacing.
2. Sew front darts, press bulk towards top.
3. Serge the outer edges of the lapels. Pin lapels to front piece right sides together and sew the outer edge. Clip seam allowances, trim away corners. Also snip seam allowance in the corners near the pleat on the front piece, serge the seam allowance of the front piece. Turn lapels onto the wrong side, straighten, press. Make a pleat, matching center lines. Sew a stitch line along the top of the pleat to fix it.
4. Serge outer edge of back neckline facing. Pin neckline facing onto Back and sew neckline exactly up to the marked line of shoulder seam. Clip seam allowances, fold facing onto wrong side and press.
5. Sew shoulder seams, inserting the Front between the Back and the Facing, press towards the back and serge.
6. Sew side seams, press towards the back and serge.
7. Serge the sleeve edges separately. Sew sleeve seam from armhole up to mark for slit, press the seam apart. Topstitch slit at 0.1 cm from fold. Sew sleeves into armholes, serge and press. Sew a gathering stitch along lower edge of sleeve and gather fullness.
8. Fold cuff in half lengthwise, right sides together and sew side seams. Turn the piece right side out, press. Sew the outer part of the cuff to the sleeve, fold inside the inner side of the cuff, and topstitch into the seam of the outer cuff cuffs.
9. Turn hem under inside at 1 cm, then at 1.5 cm and topstitch.
10. Make buttonholes and sew on buttons onto cuffs.

## **TECHNICAL DRAWING:**

