

## Sewing Pattern — Dress 5977

Recommendations on fabric: natural or mixed, low to medium stretchy knit fabric of contrast colours.

If the pattern has a double line around it, the seam allowances are included.

**Note:** By default, seam allowances are NOT included (single line) and will need to be added when laying out and cutting details.

Seam allowance: hems and neckline – 1.5 cm, other seams – 0.8 cm

Attention! First of all, please print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm) to see how much fabric you will need. Don't forget to take into account pieces to be duplicated or cut on a fold.

When sewing the garment, pay attention to notches, they must match up with corresponding pieces.



### **CUTTING:**

The word, “beam” used on some patterns means “straight of grain”. Some pieces will be cut on the fold, this is noted on the pattern piece. Mark all notches and other design features such as darts, pleats etc. from the pattern onto your fabric.

#### Main fabric:

1. Left back - cut 1
2. Right back - cut 1
3. Front — cut 1
4. Left sleeve — cut 1

#### Contrast fabric:

1. Upper back - cut 1
2. Upper front - cut 1
3. Right sleeve - cut 1

**Note on working with stretchy fabric:** Knitted fabric pieces are sewn together with special elastic or narrow zig-zag stitch. Seam allowance on hems can be stitched with twin needles to save stretchiness. Pieces can also be sewn together with a serger. When serging, cut seam allowances to 0.6 – 0.8 cm.

## **INSTRUCTIONS:**

1. Sew center back seam. Press seam allowances to left side and serge. Sew upper back to back, press seam allowances upwards and serge.
2. Mark dart and center edge on the front. On upper part, between marked lines slit seam allowances of front center seam. Sew center seam. Press seam allowances to left side and serge. Sew the dart, press.
3. Serge neckline of upper front. Turn seam allowance to wrong side, press and topstitch.
4. Sew front and back shoulder edges. (From the right side back shoulder edge is 1.5 cm longer than front shoulder edge). Press seam allowances onto back and serge.
5. Sew upper front and front. Press seam allowances downwards and serge.
6. Serge back and front neckline edge. Turn seam allowance to wrong side, press and topstitch, continuing the stitch along upper front and front connecting seam.
7. Sew side edges of back and front. Serge seam allowances and press them onto back.
8. Sew sleeve edges. Serge and press seam allowances.
9. Sew sleeves into armholes, matching notches.
10. Serge hems. Turn hems to wrong side, press and topstitch.

## **TECHNICAL DRAWING:**

