

# **Dress With Elastic Tape On Waist - Sewing Pattern #2478**

Recommendations on fabric: natural/mixed knit fabric of medium stretchiness.

You will also need: knit bias tape; elastic tape, , its width should equal 0.5 cm.

Seam allowances: seam allowance for hem of garment — 2.0 cm, other seams 1 cm.

#### Note on seam allowances:

- If the pattern has double contour the seam allowances are included. They are 1 cm unless specified otherwise.
- If the pattern has single contour, the seam allowances are NOT included and need to be added when laying out the pattern.

## Note on length of fabric:

Attention! The amount of fabric needed for your pattern is not included. It will depend on the selected pattern size, the width, and design of the fabric you plan to use. First, print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm). Measure how much fabric you will need. Don't forget to account for pieces that need to be cut multiple times and pieces that are cut on the fold.



# Note on working with stretchy fabric:

Knitted fabric pieces are sewn together with special elastic or narrow zig-zag stitch. Seam allowance on hems can be stitched with twin needles to save stretchiness. Pieces can also be sewn together with a serger. When serging, cut seam allowances to 0.6 - 0.8 cm.

## **CUTTING:**

#### Note on cutting:

On the pattern pieces, "beam" means straight of grain. Lay out your pieces accordingly. Some pieces will be cut on the fold. This is noted on the pattern piece. Mark all notches and other design features such as pleats etc. from the pattern onto your fabric.

When sewing the garment, pay attention to notches, they must match up.

# Main fabric:

1. Upper back - cut 1 on fold



- 2. Lower back cut 1 on fold
- 3. Upper front cut 1 on fold
- 4. Lower front cut 1 on fold

## **INSTRUCTIONS:**

- 1. Sew right shoulder seam, press seam allowances towards back and serge.
- 2. Cut or use ready-made bias tape, its width should equal 4 cm length should equal the length of neckline + 4 cm. Fold bias tape in half lengthwise right side out and press. Pin bias tape to neckline from the right side and sew, fold bias tape onto wrong side and topstitch onto main piece along the seam.
- 3. Sew left shoulder seam, press seam allowances towards back and serge.
- 4. Cut or use ready-made bias tape, its width should equal 4 cm length should equal the length of armhole + 4 cm. Fold bias tape in half lengthwise right side out and press. Pin bias tape onto armhole edge from the right side and sew, fold bias tape onto wrong side and topstitch onto main piece along the seam.
- 5. Sew side seams on lower and upper parts of the garment, press seams towards back and serge.
- 6. Sew a gathering stitch along the upper edge of the lower part of the garment and gather fullness. Sew upper part to lower part, serge and press.
- 7. Serge lower edge of garment, press onto wrong side and topstitch.
- 8. Cut a piece of elastic tape, its length should equal the waist girth minus 5 cm, and topstitch it to the seam allowance between the lower and the upper parts, stretching it as required.

#### **TECHNICAL DRAWING:**



