

Dress With One-Piece Sleeve - Sewing Pattern #2454

Recommendations on fabric: natural/mixed fabric suitable for dresses.

You will also need: lining; dress zipper.

Seam allowances: all seams 1 cm; seam allowance for hem of garment - 2.0 cm.

Note on seam allowances:

- If the pattern has double contour the seam allowances are included. They are 1 cm unless specified otherwise.
- If the pattern has single contour, the seam allowances are NOT included and need to be added when laying out the pattern.

Note on length of fabric:

Attention! The amount of fabric needed for your pattern is not included. It will depend on the selected pattern size, the width, and design of the fabric you plan to use. First, print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm). Measure how much fabric you will need. Don't forget to account for pieces that need to be cut multiple times and pieces that are cut on the fold.



CUTTING:

Note on cutting:

On the pattern pieces, "beam" means straight of grain. Lay out your pieces accordingly. Some pieces will be cut on the fold. This is noted on the pattern piece. Mark all notches and other design features such as pleats etc. from the pattern onto your fabric.

When sewing the garment, pay attention to notches, they must match up.

Main fabric:

1. Upper center back - cut 2
2. Upper side back - cut 2
3. Lower center back - cut 2
4. Lower side back - cut 2
5. Upper center front - cut 1 on fold
6. Upper side front - cut 2
7. Lower center front - cut 1 on fold

8. Lower side front - cut 2

Lining:

1. Upper center back - cut 2
2. Upper side back - cut 2
3. Upper center front - cut 1 on fold
4. Upper side front - cut 2

Attention! Pieces from lining are cut using pattern blocks for main fabric except for the width of upper side front.

INSTRUCTIONS:

1. Sew princess seams on Upper Back and Lower Back. Press seam allowances on upper piece towards center. Serge seam allowances on lower piece and press them towards center.
2. Make, baste and press pleats on upper side front, fold bulk towards top. Sew princess seams on upper and lower fronts (= sew side fronts to center fronts). Press seam allowances on upper piece towards center. Serge seam allowances on lower piece and press them towards center.
3. Sew side and shoulder seams of upper parts of dress. Press seam apart. Sew side edges of lower parts of dress. Serge seams and press towards back.
4. Sew seams on lining. Press seam allowances of princess seams towards center, press seam allowances of side seams towards back.
5. Pin lining to the garment right sides together and sew neckline. Clip seam allowances, fold lining towards wrong side and press. Sew armhole in two steps: first sew front armhole, then sew back armhole. Clip seam allowances, press seam. Slipstitch main fabric to lining along the lower edge of the back and the center edge of the back. Treat as one piece in the future.
6. Sew upper part of dress to lower part of dress. Serge and press towards bottom. Serge separately center back edges. Sew center back seam from notch for zipper to bottom. Press seam apart. Sew in zipper.
7. Serge bottom edge of garment, press onto wrong side and topstitch.

TECHNICAL DRAWING:

