

## Dress With Waist Inset And Gathers - Sewing Pattern #2398

Recommendations on fabric: natural/mixed fabric suitable for dresses.

You will also need: fusible interfacing; dress zipper; 33 buttons.

Seam allowances: all seams 1 cm. Seam allowance along hem of garment – 2.0 cm.

### Note on seam allowances:

- If the pattern has double contour the seam allowances are included. They are 1 cm unless specified otherwise.
- If the pattern has single contour, the seam allowances are NOT included and need to be added when laying out the pattern.

### Note on length of fabric:

*Attention! The amount of fabric needed for your pattern is not included. It will depend on the selected pattern size, the width, and design of the fabric you plan to use. First, print all the paper patterns and lay them out at the width of fabric you plan to use (usually from 90 to 150 cm). Measure how much fabric you will need. Don't forget to account for pieces that need to be cut multiple times and pieces that are cut on the fold.*



## CUTTING:

### Note on cutting:

*On the pattern pieces, "beam" means straight of grain. Lay out your pieces accordingly. Some pieces will be cut on the fold. This is noted on the pattern piece. Mark all notches and other design features such as pleats etc. from the pattern onto your fabric.*

*When sewing the garment, pay attention to notches, they must match up.*

Main fabric:

1. Upper back – cut 2
2. Back inset – cut 2
3. Lower back - cut 2
4. Lower front – cut 2
5. Front inset – cut 2
6. Upper front – cut 2
7. Sleeve – cut 2

8. Cuff - cut 4
9. Back neck facing - cut 2
10. Front neck facing - cut 2

Fusible interfacing:

1. Cuff - cut 2
2. Back neck facing - cut 2
3. Front neck facing - cut 2

## **INSTRUCTIONS:**

1. Apply fusible interfacing.
2. Sew darts on upper backs, press bulk towards center of pieces. Sew back inset to upper back, press seam allowances towards inset and serge.
3. Sew a gathering stitch along the upper edge of lower back and gather fullness. Sew lower back to back inset, press towards top and serge.
4. Serge separately center back edges. Sew center back seam from zipper marking down to hem, press seam apart. Sew in zipper.
5. Sew a gathering stitch along the lower edge of upper front and gather fullness. Sew front inset to upper front, press seam allowances towards inset and serge.
6. Sew a gathering stitch along upper edge of lower front and gather fullness. Sew lower front to front inset, press towards top and serge.
7. Cut a bias tape , its width should equal 2.5 cm for loop buttonholes. Fold tape in half lengthwise right sides together and stitch at 0.3 cm from fold. Cut away seam allowances close to seam, turn tape right side out and straighten rolled hem. Cut into parts. Adjust the length of buttonholes. Topstitch button loops onto right front (folds are directed away from the edge).
8. Sew center seam on front, press towards the right side and serge.
9. Sew a gathering stitch along the shoulder edges and gather fullness. Sew side and shoulder seams, press seams towards back and serge.
10. Sew the shoulder edges and the front center seam on neckline facings, press seam apart. Serge outer edge. Pin facing to garment right sides together and sew the neckline. Fold facing onto wrong side, straighten, press. Slipstitch facing to garment along the shoulder edges, center front seam, zipper tape.
11. Sew a gathering stitch along the sleeve cap and the lower edge of sleeve and gather fullness. Sew sleeve

edges separately. Sew sleeve seam from armhole up to mark for slit, press seam apart. Topstitch slit at 0.1 cm from fold. Sew sleeves into armholes, serge and press.

12. Pin cuffs together, right sides together and sew side and lower edges, inserting loop buttonholes. Start and stop stitching exactly at the marked seam line cuffs. Turn the piece right side out, press. Sew outer side of cuff to sleeve, fold inside the seam allowance of inner cuff and stitch-in-the ditch into seam of outer cuff.

13. Serge lower edge of garment, press onto wrong side and topstitch.

14. Sew on buttons on left front and on cuffs.

Tip: you may use a ready button loop tape instead of making the button loops yourself.

## **TECHNICAL DRAWING:**

